

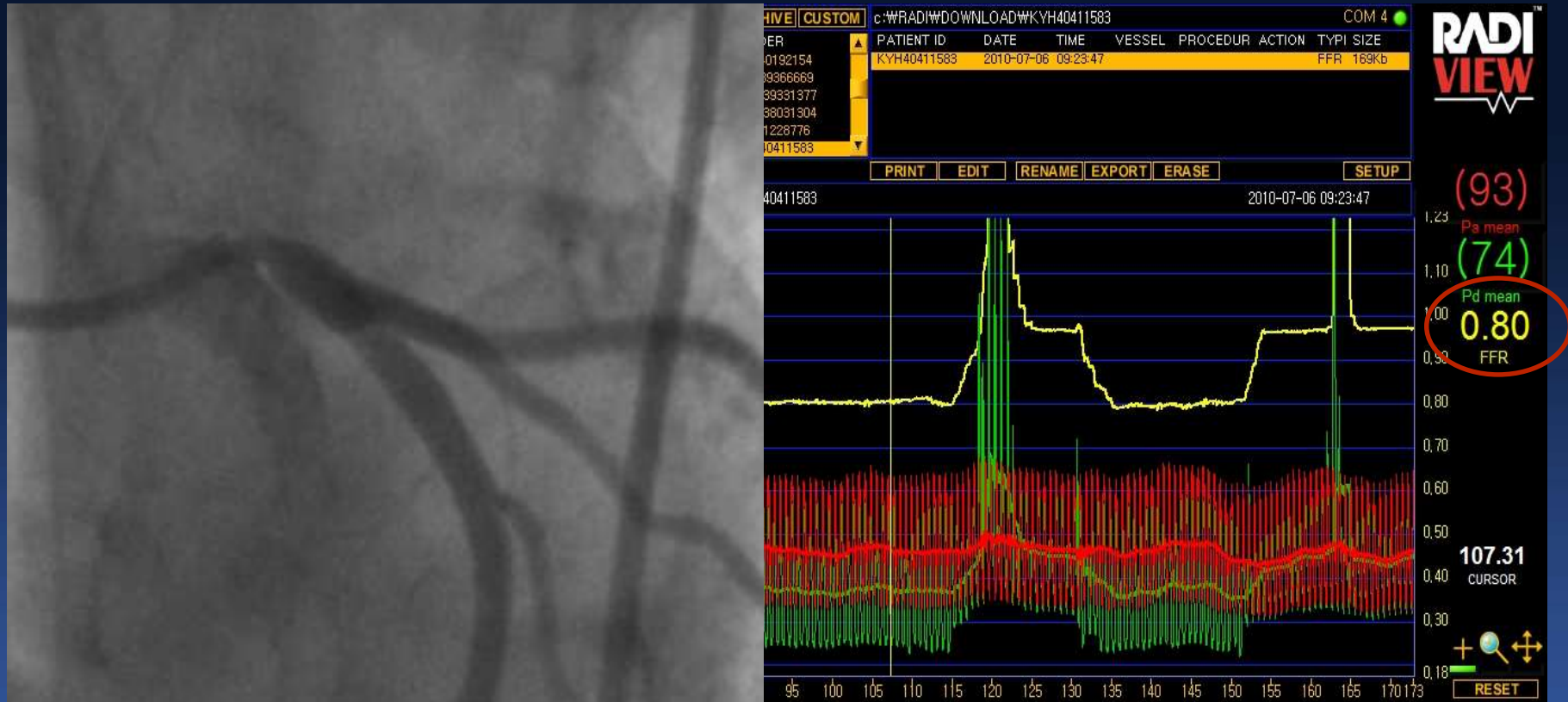
# Integrated Use of FFR and IVUS for LM PCI

**Seung-Jung Park, MD, PhD**

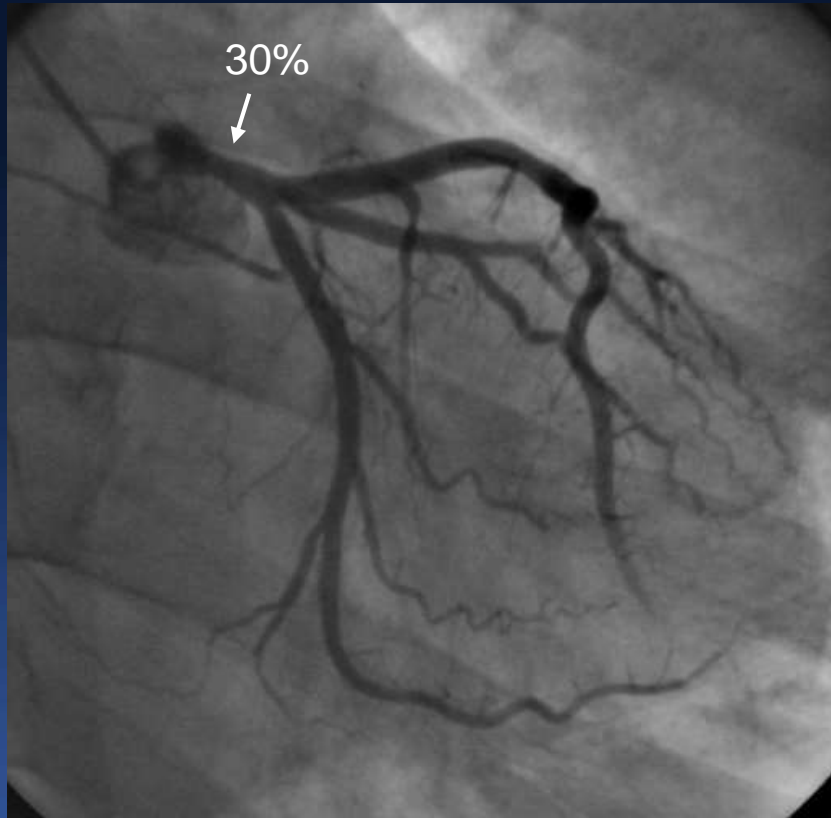
Professor of Medicine, University of Ulsan College of Medicine,  
Heart Institute, Asan Medical Center, Seoul, Korea

# **Q1, Why FFR ?**

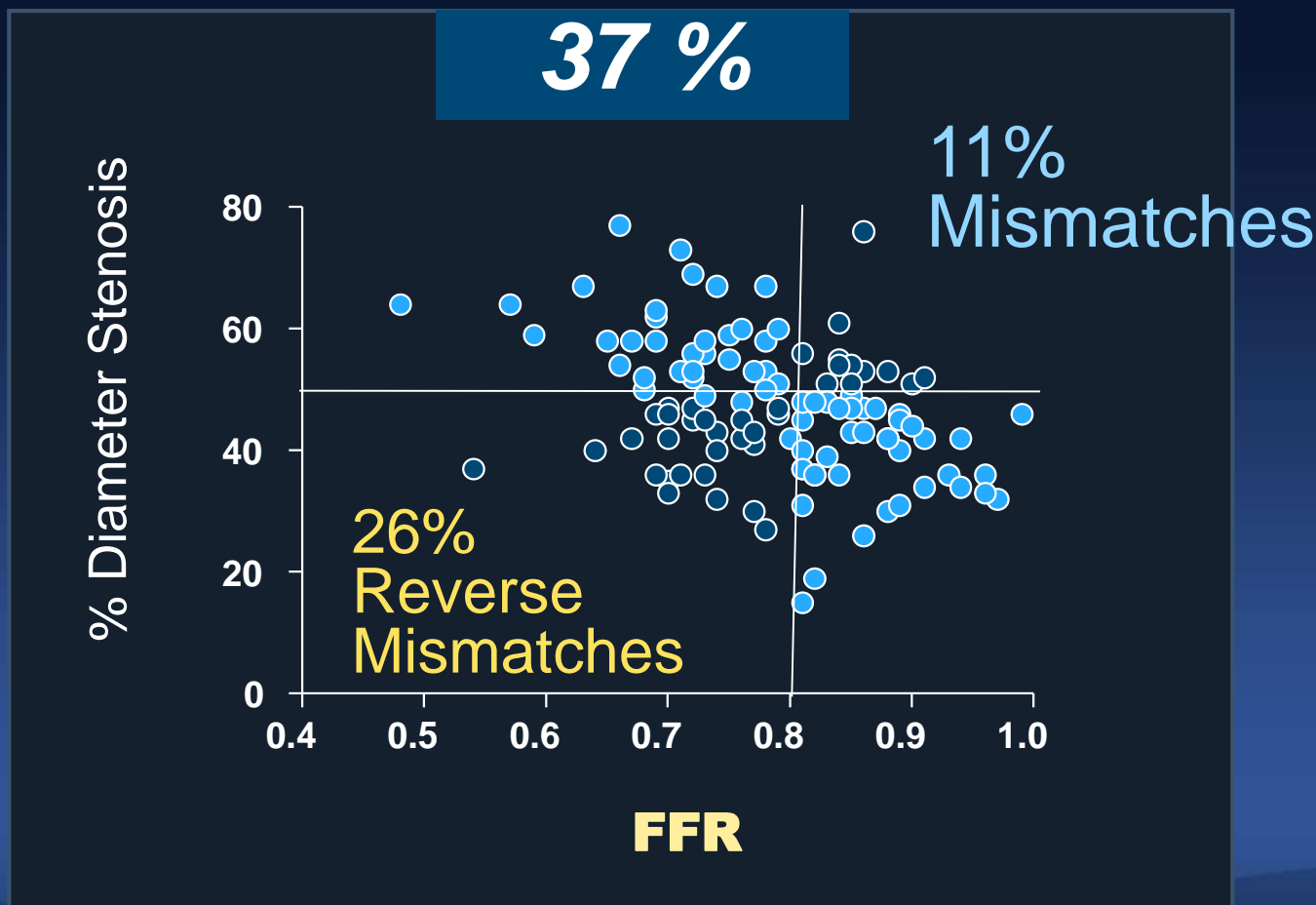
# Significant Stenosis, *Negative FFR, 0.80*



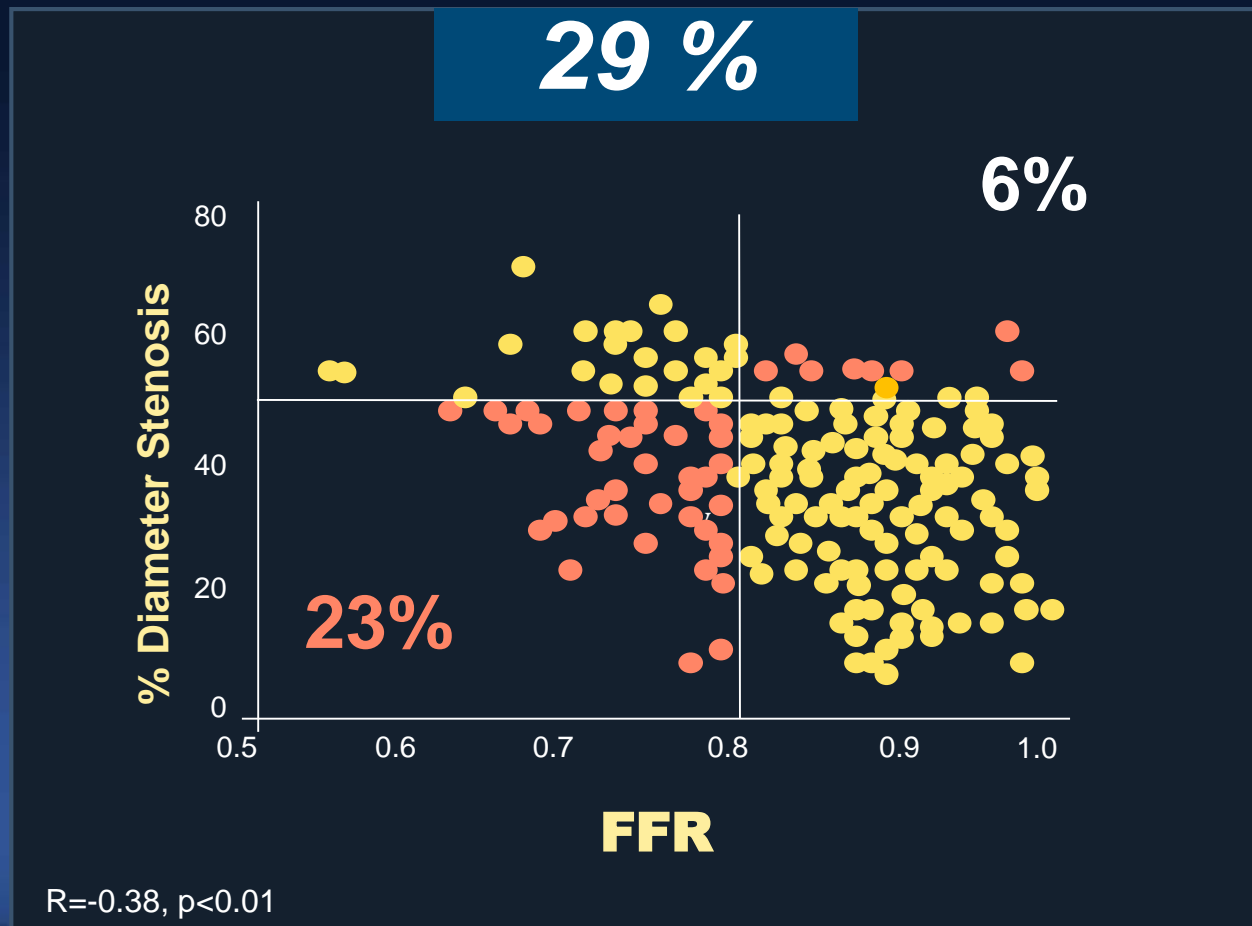
# Insignificant Stenosis, *Positive FFR, 0.70*



# Intermediate LM Disease, Os/Shaft *Mismatches*



# Intermediate LM Disease with Downstream Disease *Mismatches*



***FFR-Guided Means,  
Ischemia Guided !***

***Angio-Guided Means,  
No Ischemic threshold !  
No Clinical Relevance !***

# 2018 ESC Guidelines for FFR

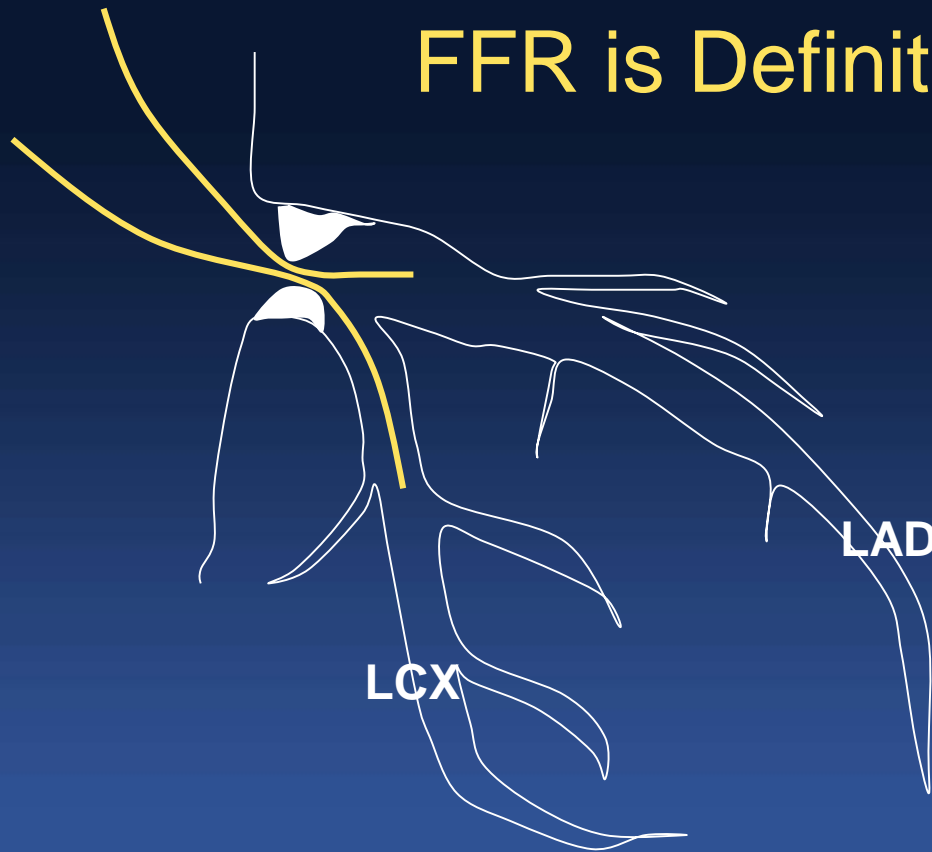
Recommendations	Class	Level
When evidence of ischemia is not available, FFR or iwFR are recommended to assess the hemodynamic relevance of intermediate-grade stenosis.	<b>I</b>	<b>A</b>
Revascularization of stenosis with FFR <0.80 is recommended in patients with angina symptoms or a positive stress test.	<b>I</b>	<b>B</b>
FFR-guided PCI should be considered in patients with multi-vessel disease undergoing PCI.	<b>Ila</b>	<b>B</b>
<i>Revascularization of an angiographically intermediate stenosis without related ischemia or without FFR &lt;0.80 is not recommended.</i>	<b>III</b>	<b>B</b>



**Q2, How do I Implement FFR  
for LM PCI ?**

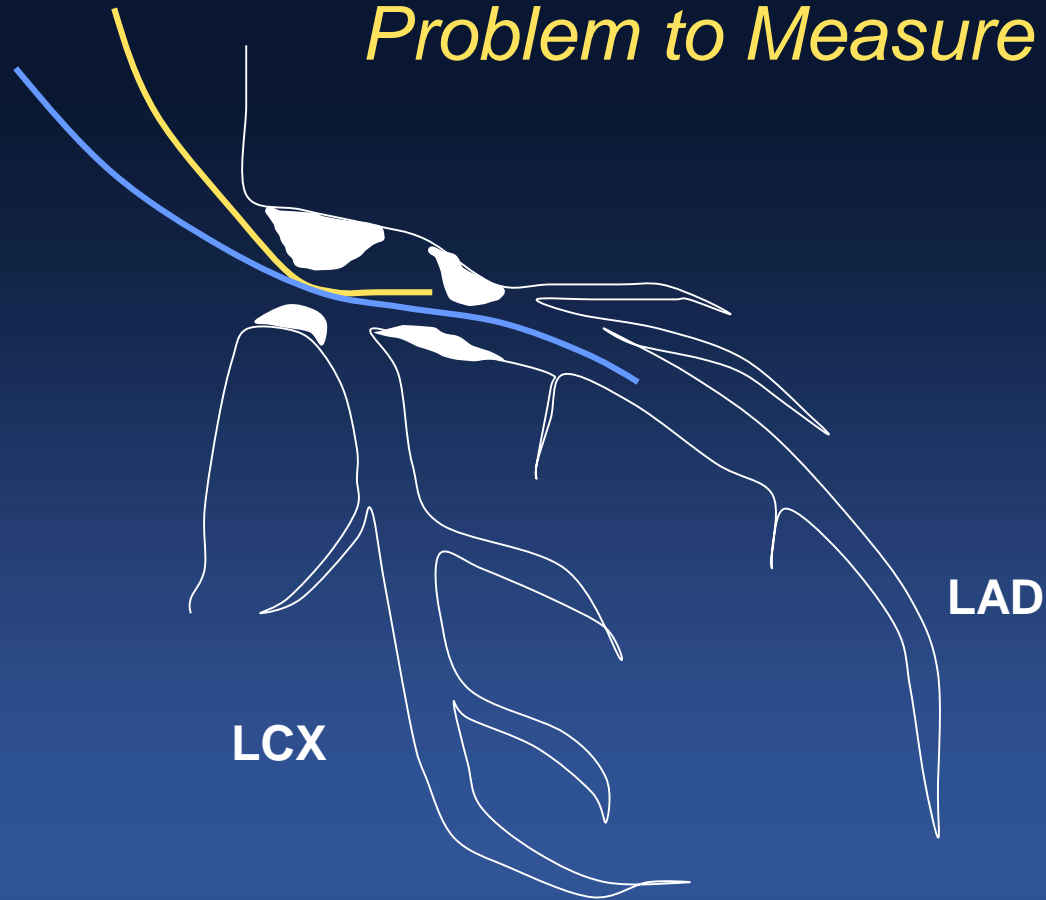
# Ostial / Shaft LM Disease

FFR is Definitely Helpful.



# Bifurcation LM Disease

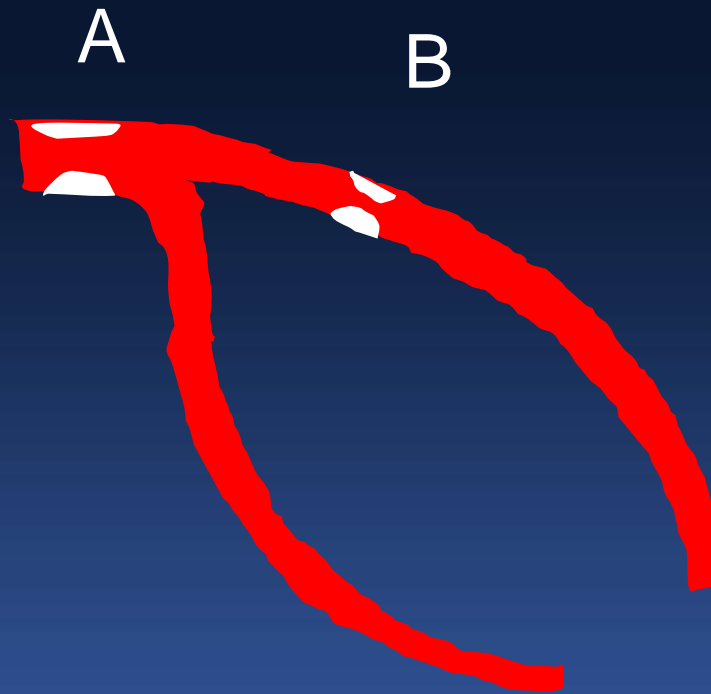
*Problem to Measure FFR ?*



# Presence of Large LCX Side Branch,

*Does It Really Matter ?*

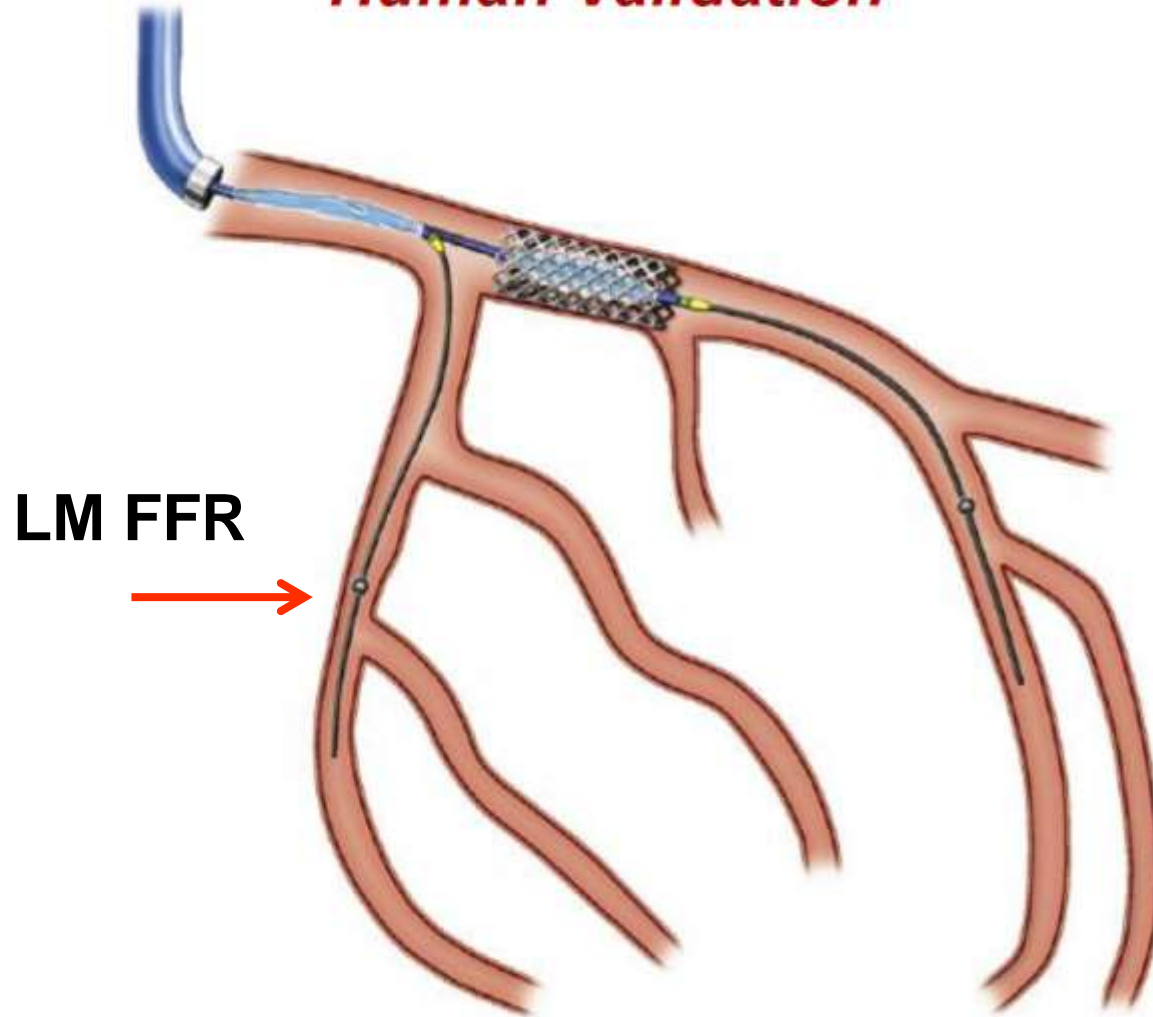
# LM with Downstream Stenosis



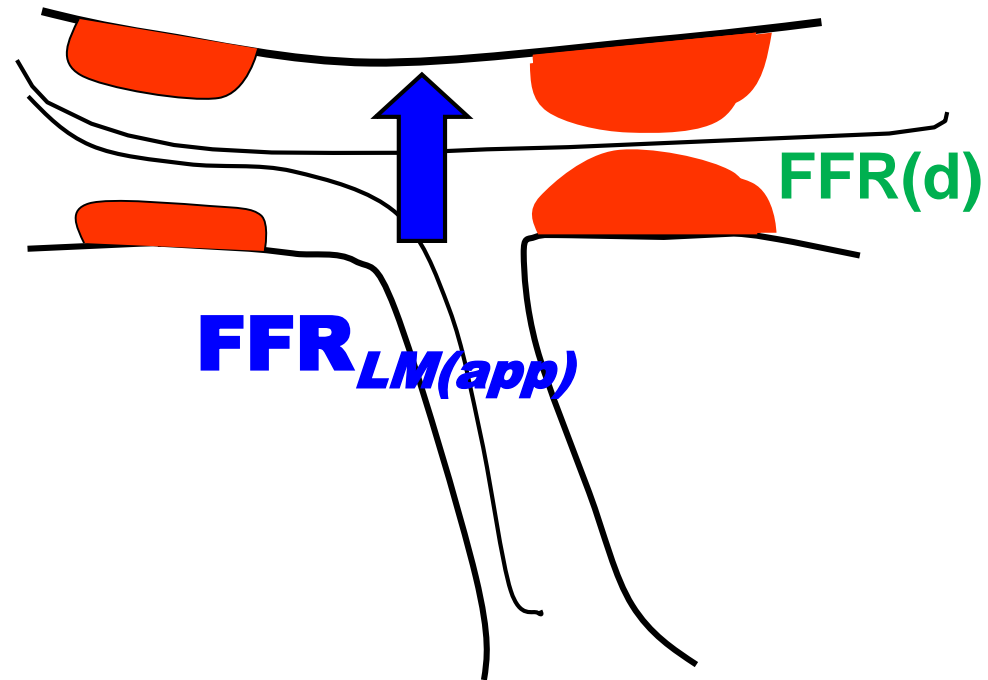
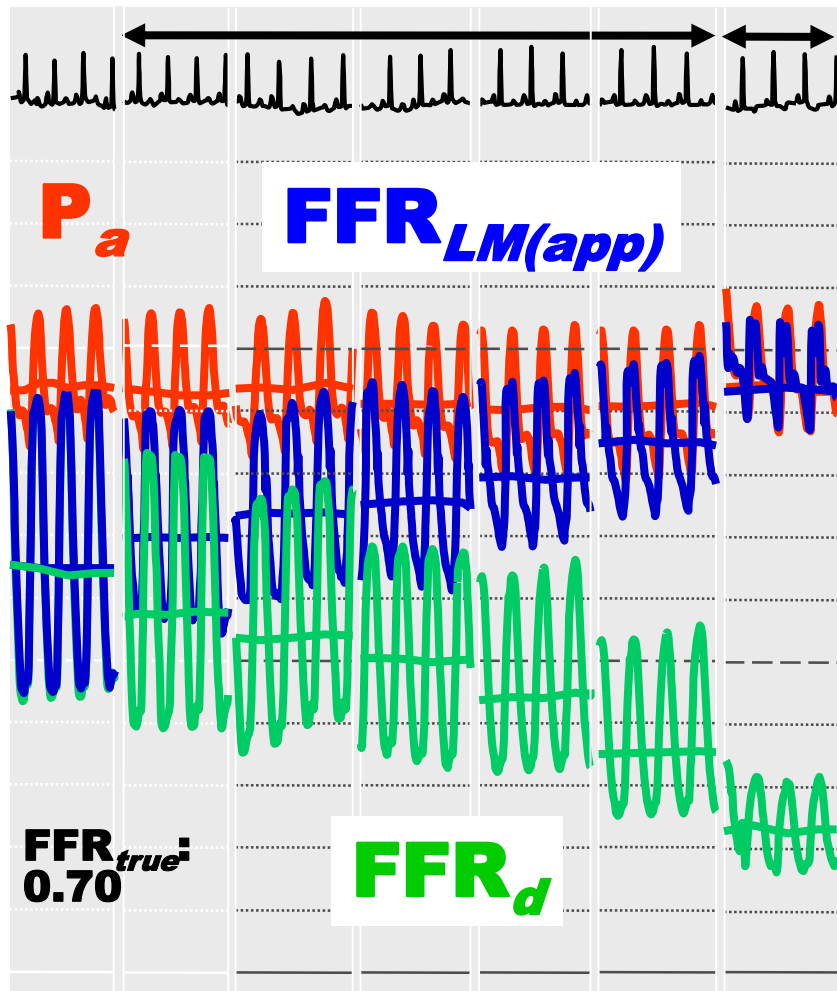
*How Do I Implement the FFR ?*

# Effect of Downstream Stenosis on LM FFR:

## *Human Validation*



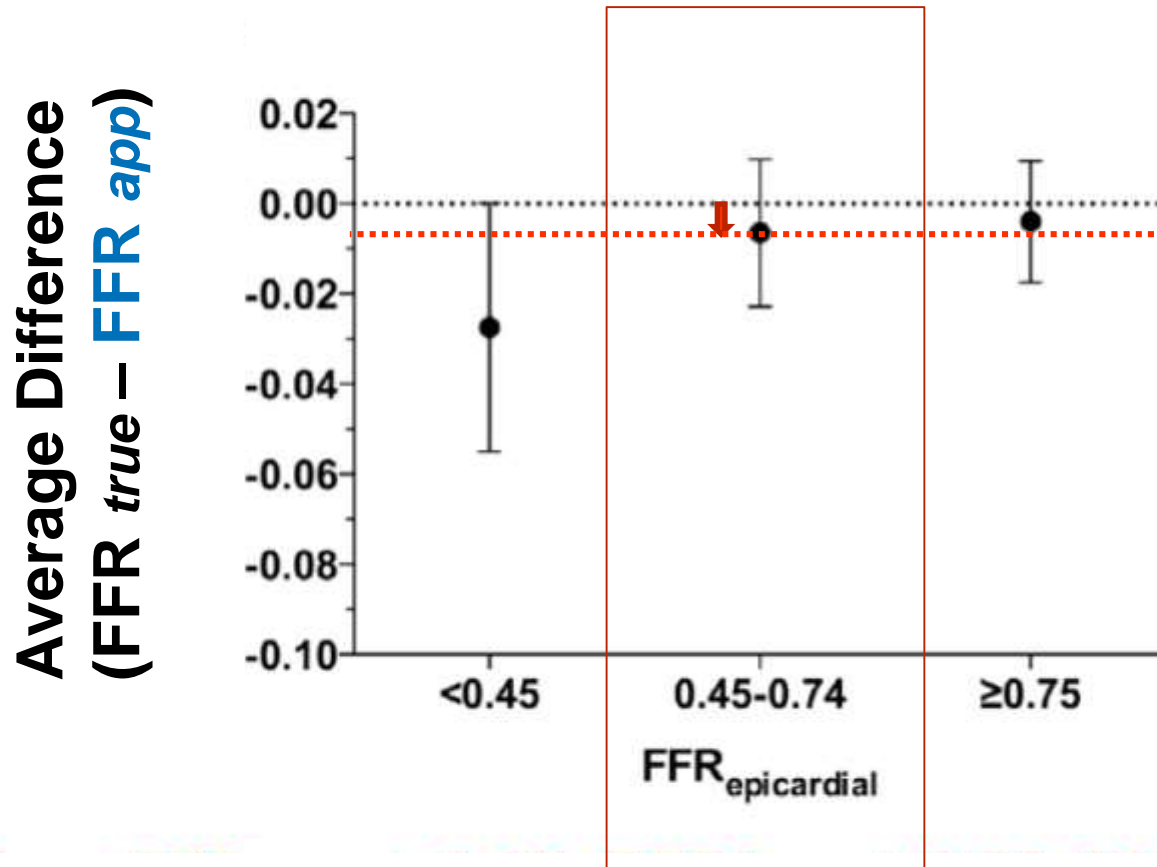
# **FFR<sub>LM(app)</sub>** *Would Be Overestimated*



# Effect of Downstream Stenosis on LM FFR:

## *Human Validation*

91 paired measurements obtained in 24 patients





# The Bigger $\Delta FFR$ Is The Tighter Stenosis !

Proximal Stenosis (A)

Distal Stenosis (B)

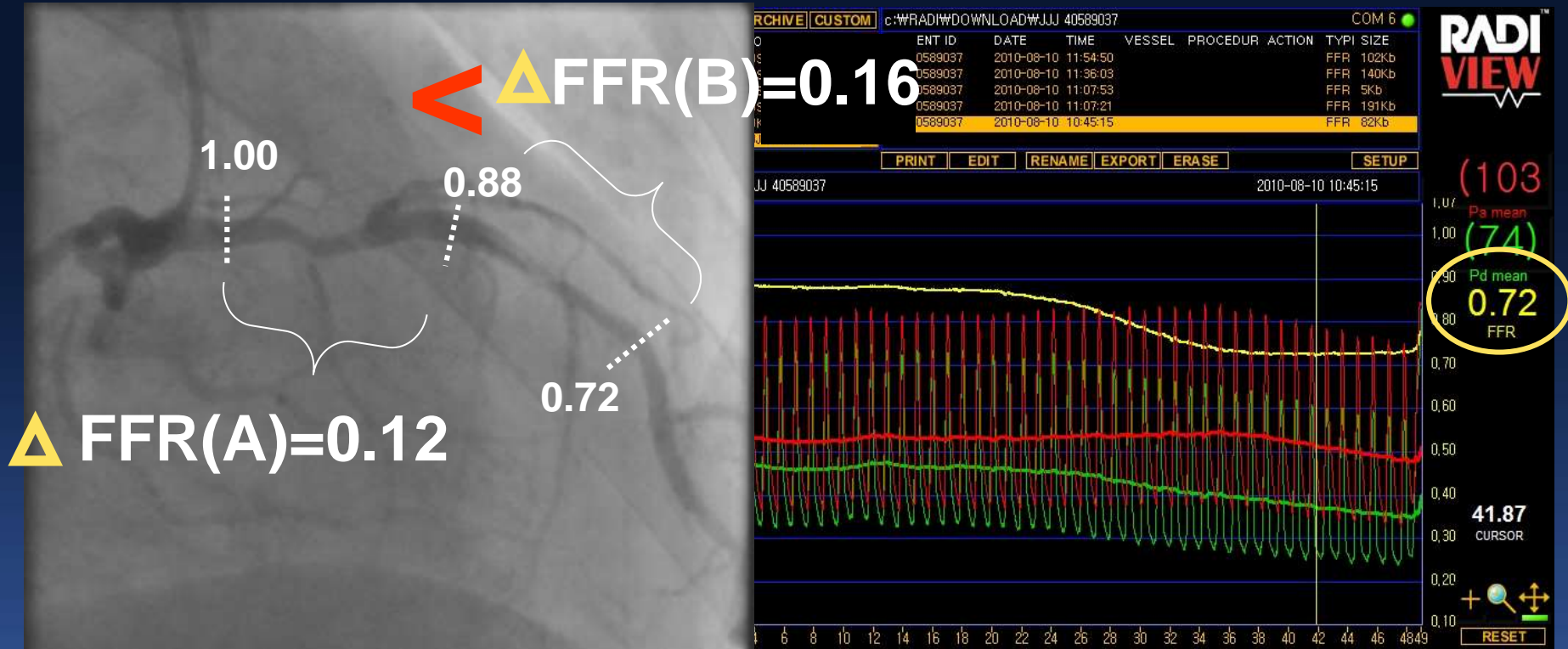


$$1 - FFR(m) = \Delta FFR(A)$$



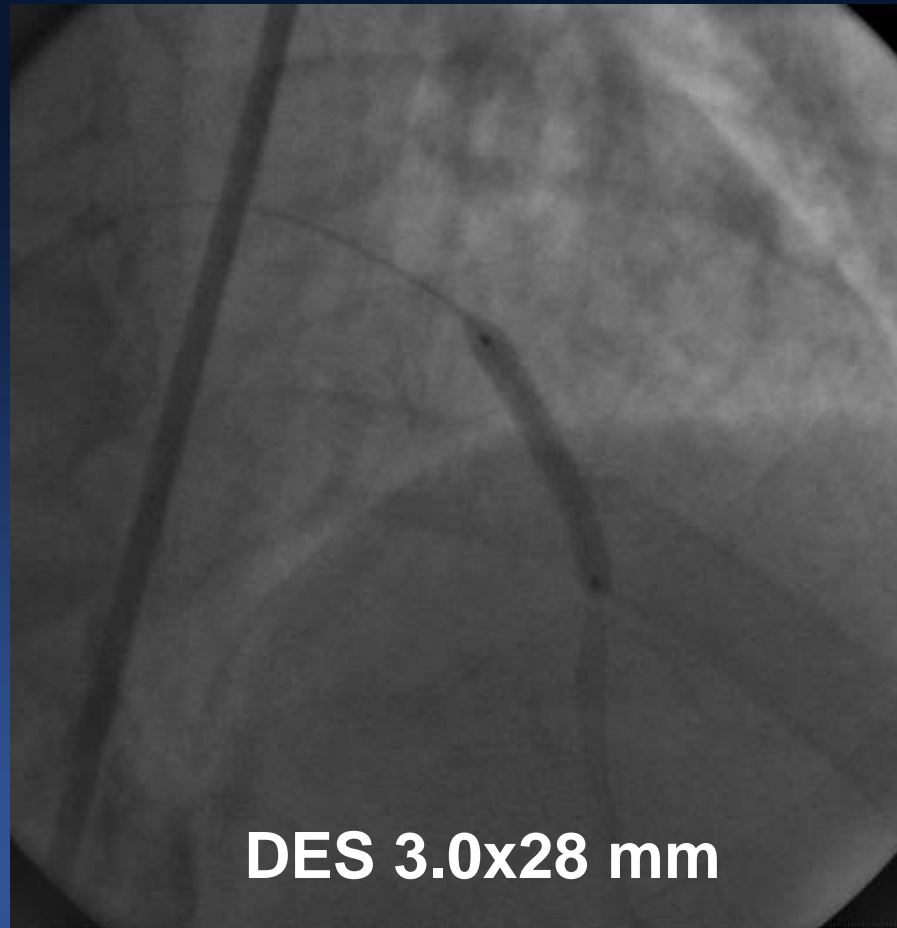
$$FFR(m) - FFR(d) = \Delta FFR(B)$$

# Tandem lesion PCI

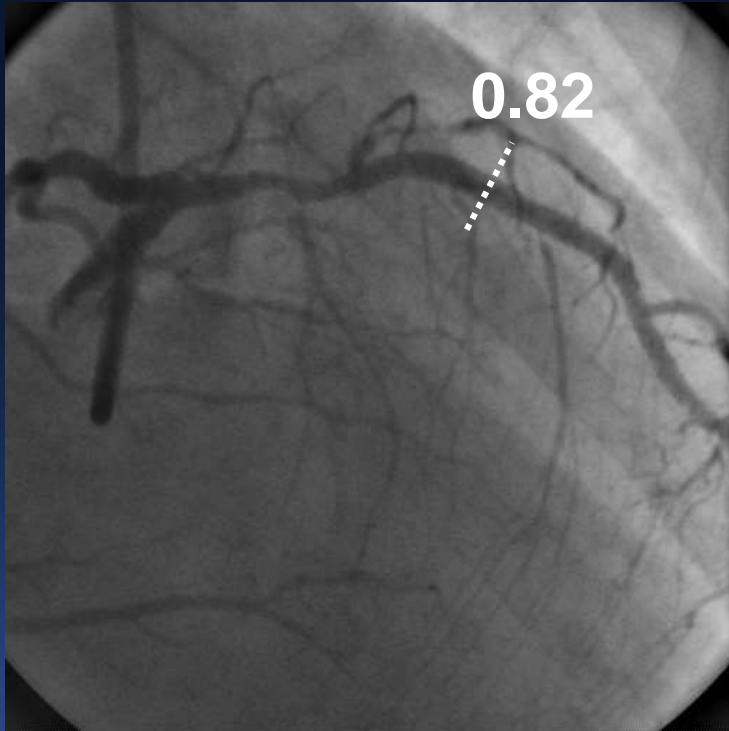


***Distal lesion Should be Tighter !***

# Treat *Distal Tighter Stenosis First !*

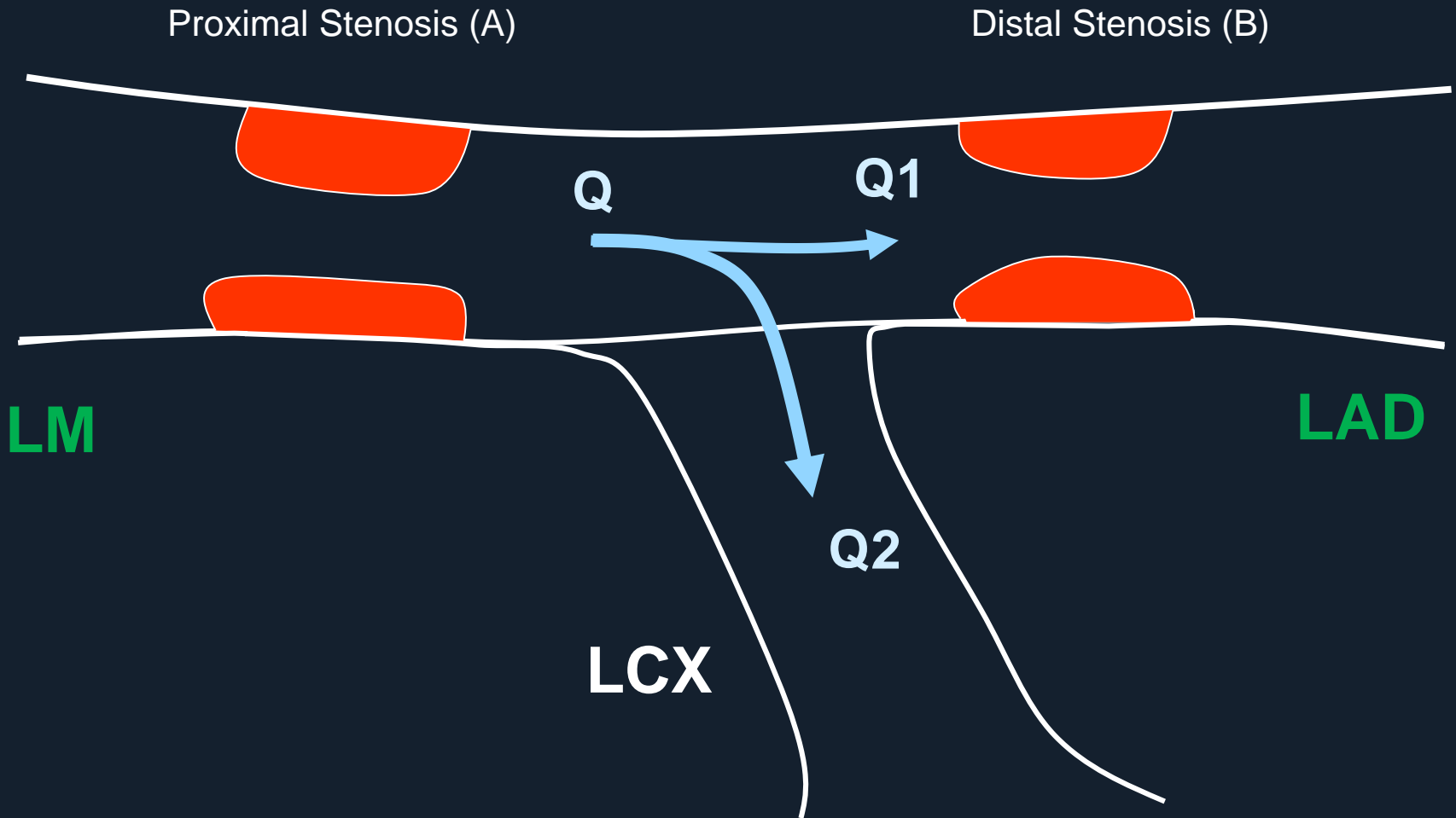


# FFR again : 0.82

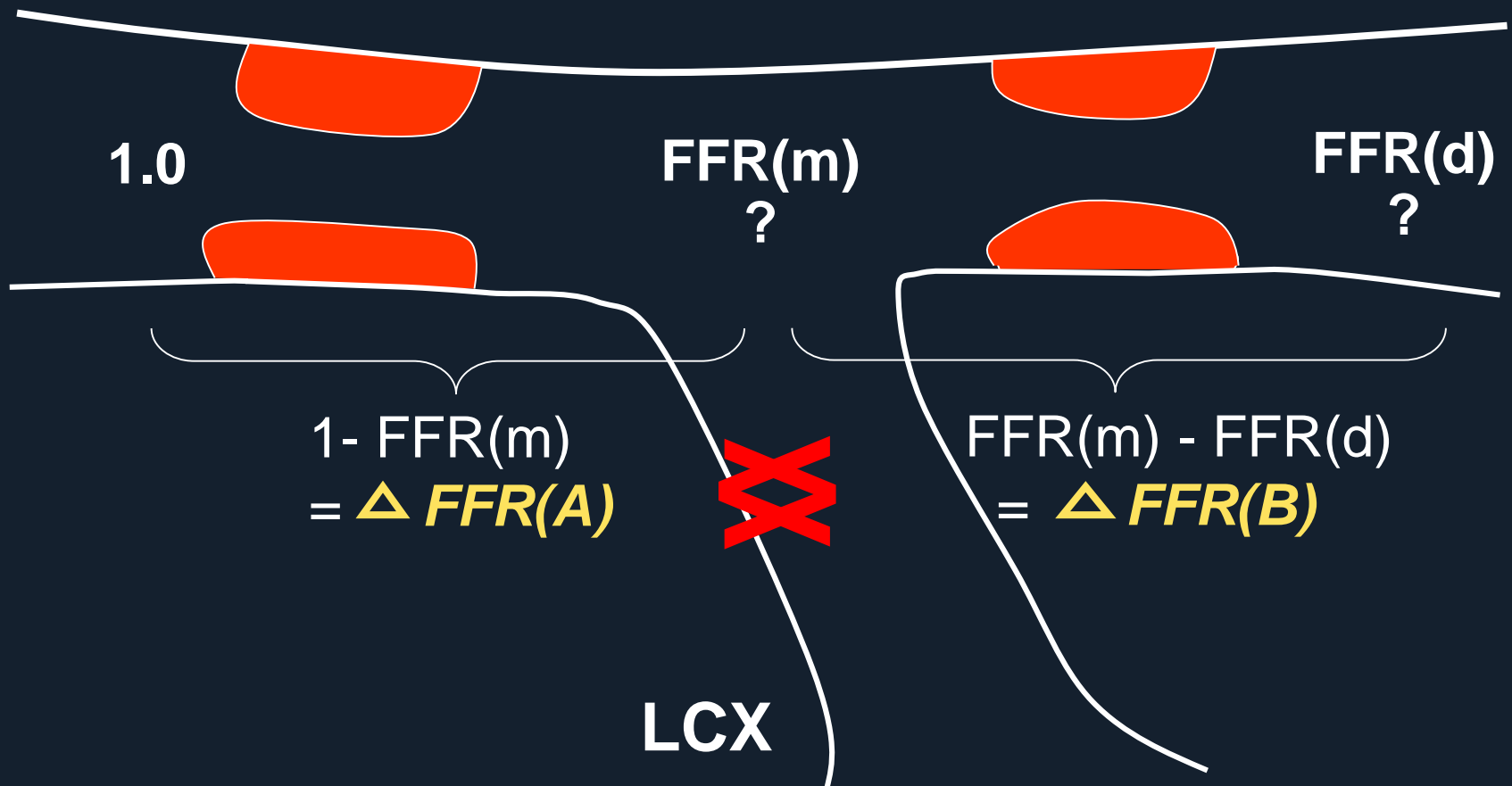


***Avoid Unnecessary Stent !***

# *In the Presence of Side Branch,*

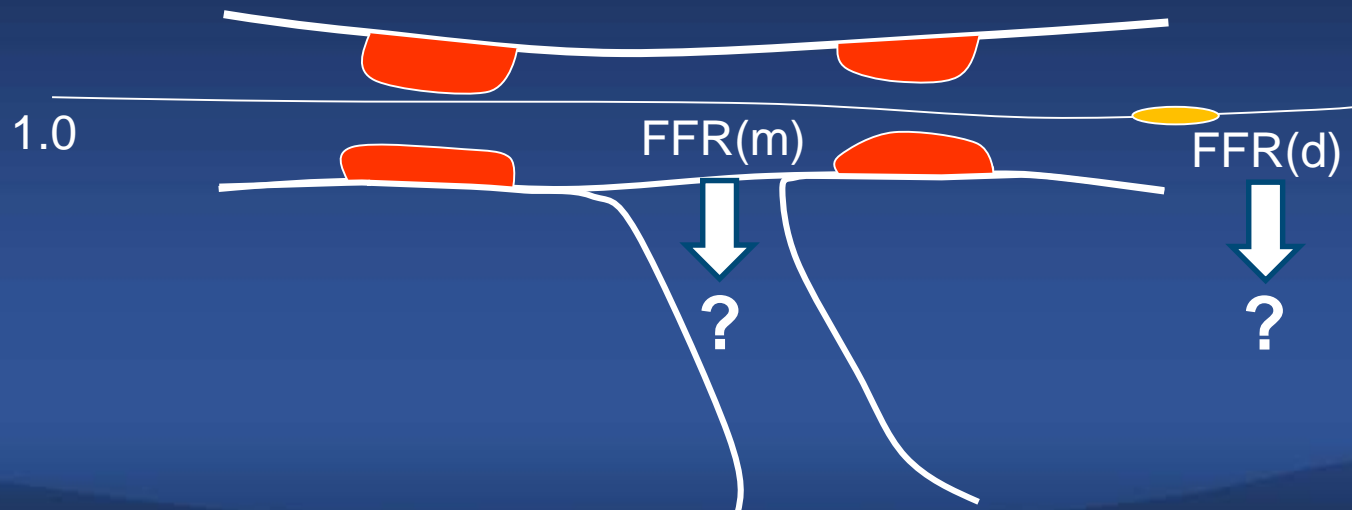


# In the Presence of Side Branch, Does the “Rule of Big Delta” Still Work ?



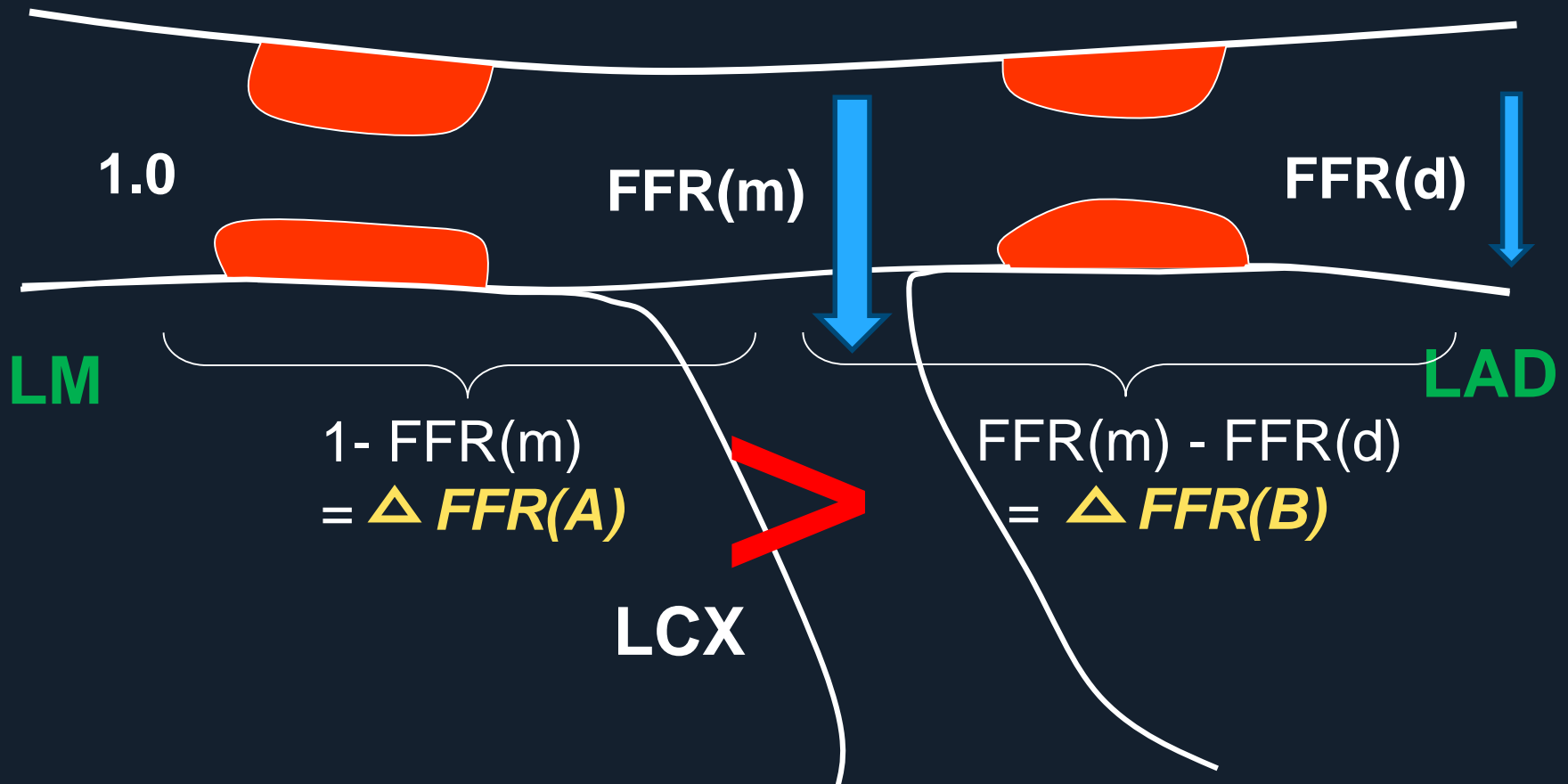
# In Vitro Simulation (1)

## If Two Lesions Are Functionally Same,



# In Vitro Simulation (1)

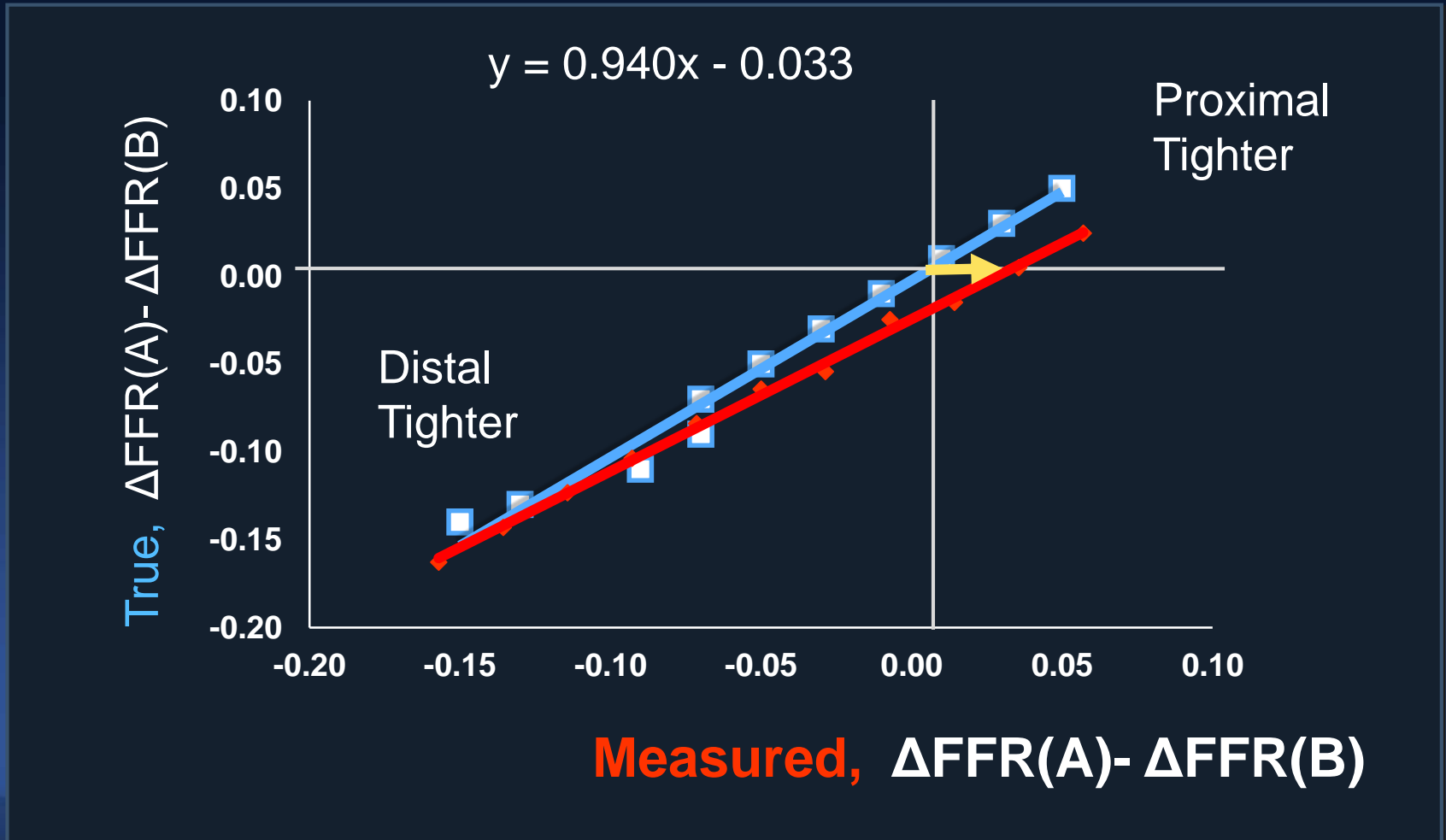
**Measured  $\Delta FFR$  Difference, ( $\Delta FFR(A) - \Delta FFR(B)$ )  
Is Getting Bigger (Overestimated) !**





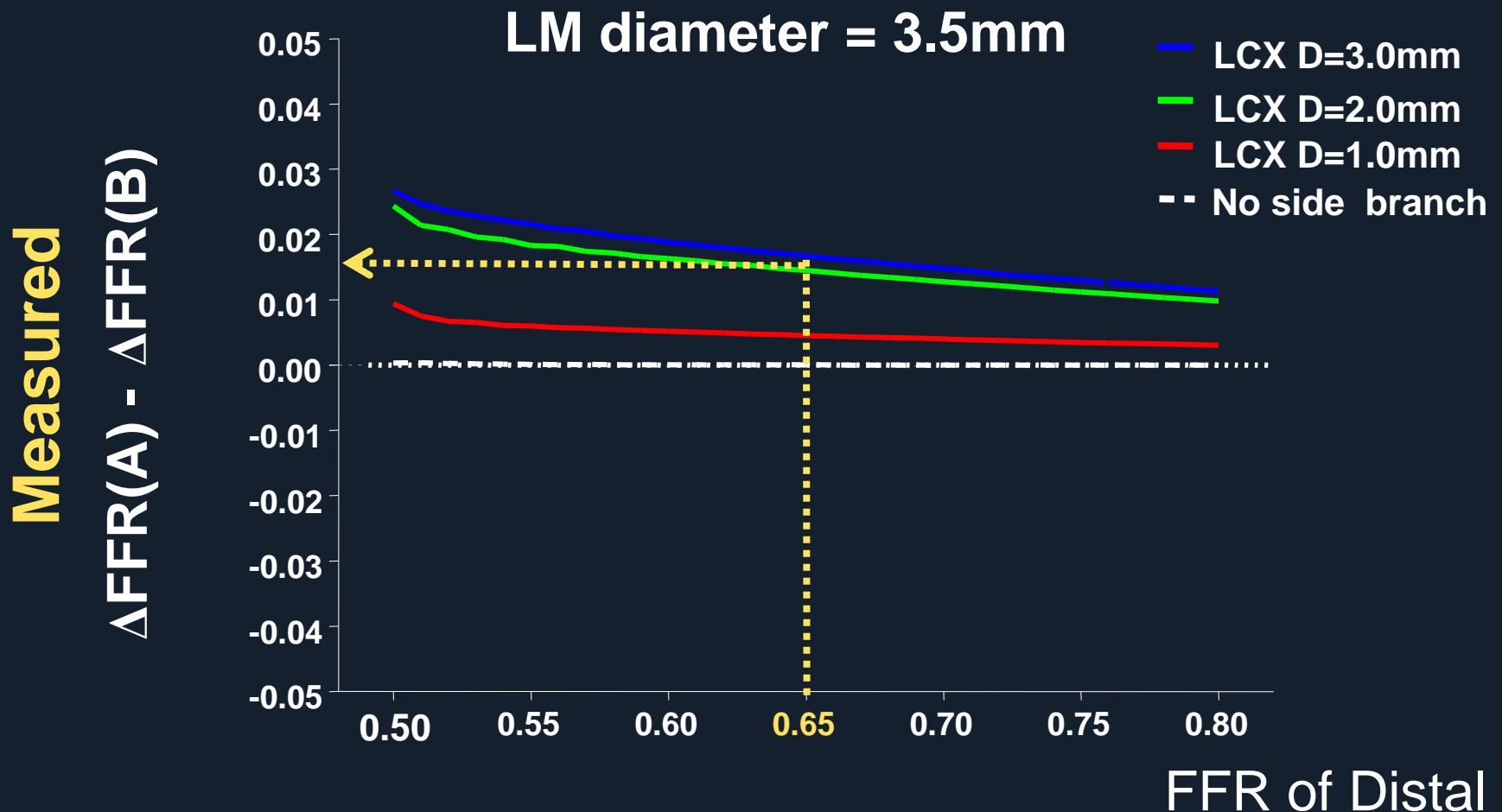
# In Vitro Simulation (1)

***In If Two Lesions Are Functionally Same, FFR Difference (A-B) Is Usually Overestimated***



## 3-D Computed Simulation (2)

*In Presence of Side Branch, Measured  $\Delta FFR$  Difference (A-B) Is Usually Overestimated*



# ***Effect of Large Side Branch on LM FFR***

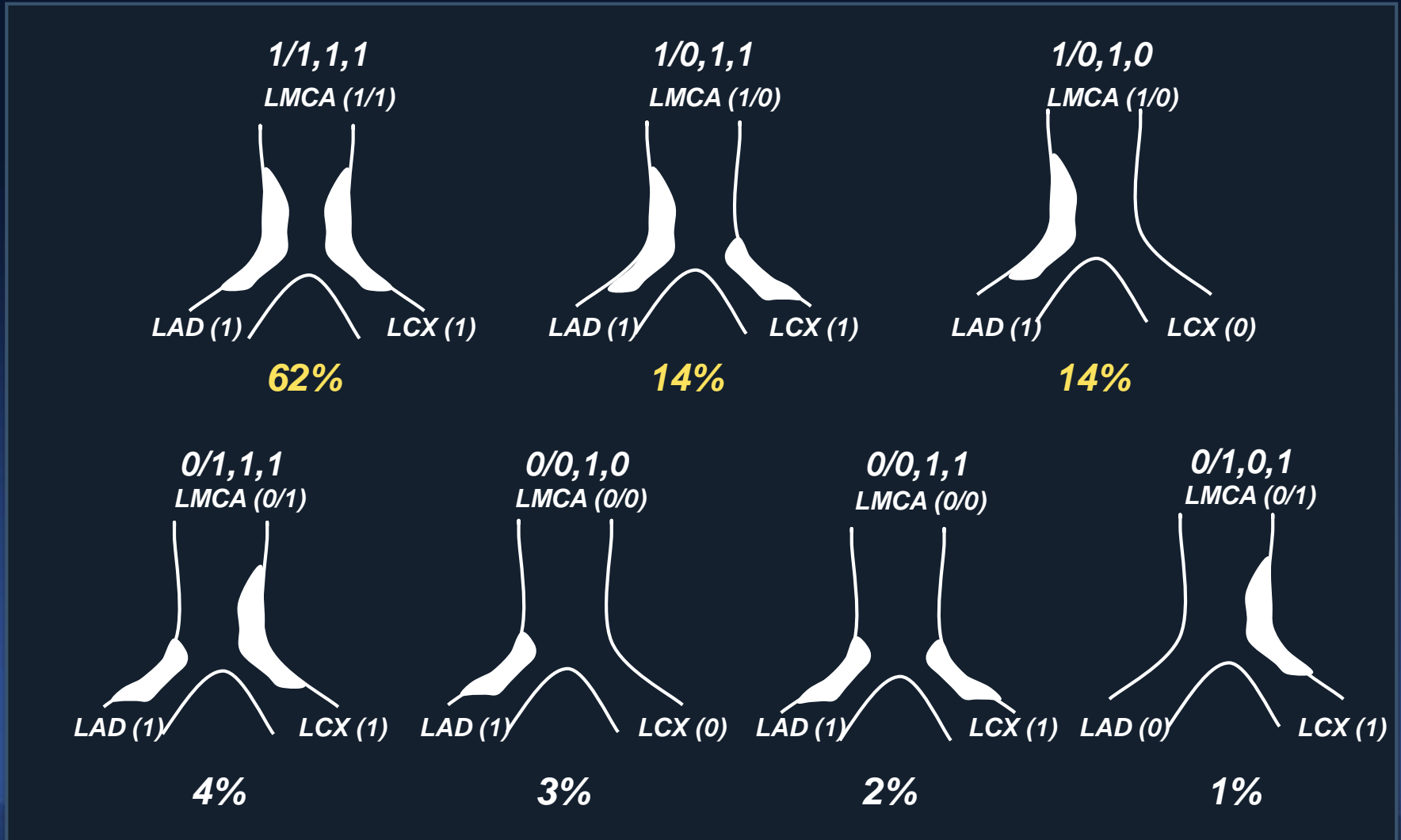
- 1.** In the Presence of Large Side Branch of LM disease, Measured  $\Delta\text{FFR}(A) - \Delta\text{FFR}(B)$  is Usually Overestimated. ***However, the Difference is Very Small (0.01-0.02).***  
*(Human Validation Study, In Vitro and 3D Computed Simulation Studies Showed Consistent Findings)*
- 2.** ***Therefore, the “Rule of Big Delta” Still Work in Real Practice.***

**Presence of  
Large LCX Side Branch,  
*Does It Really Matter ?***

***No, It Does Not Matter !***

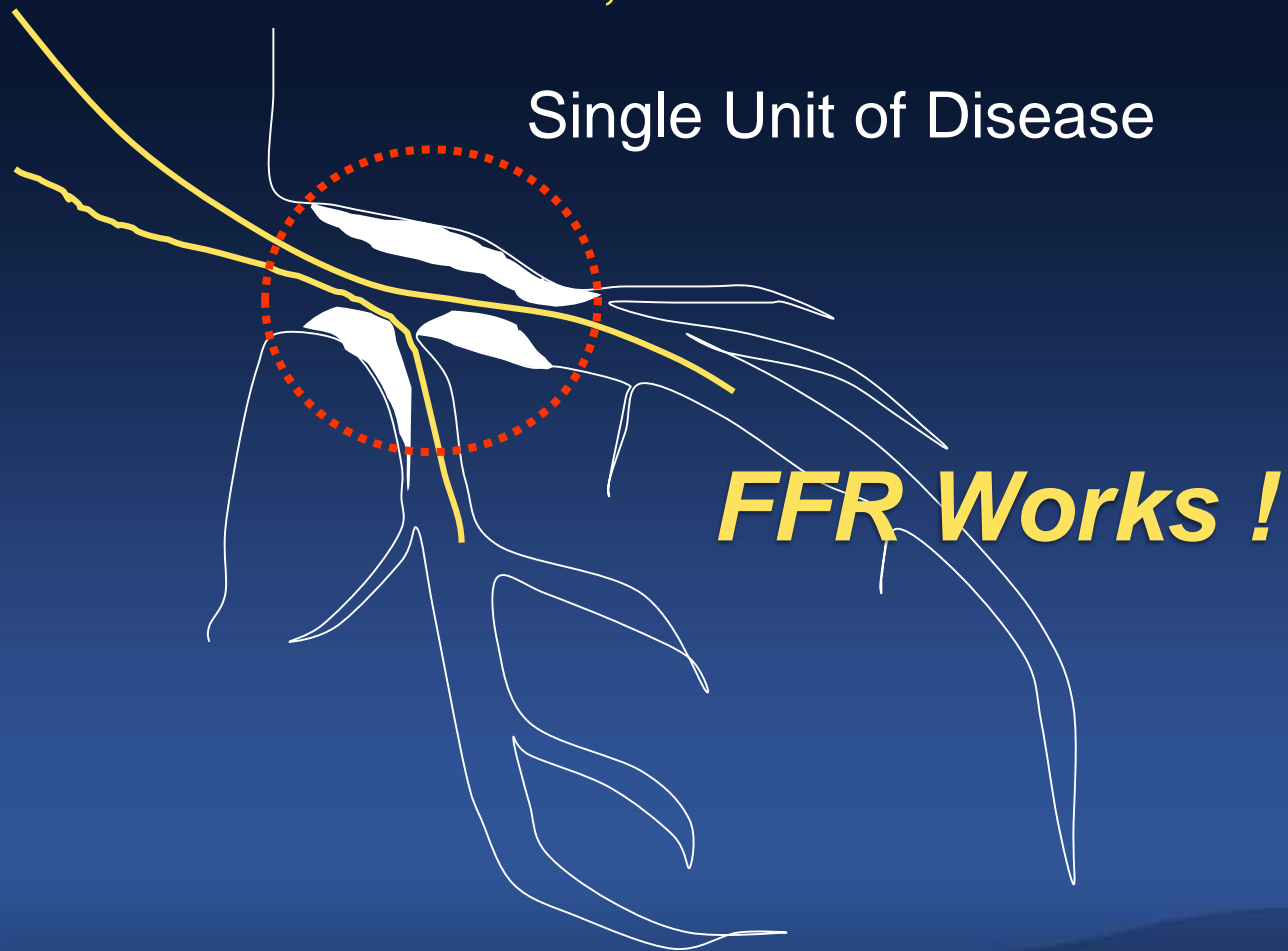
***In Reality,  
Left Main Stem Stenoses are  
Rarely Isolated !***

# 90% of Plaque, Extends from LM to LAD In LM Bifurcation Disease



# FFR for LM Bifurcation

*If Transducer Placed Beyond Bifurcation  
in both LAD and LCX,*



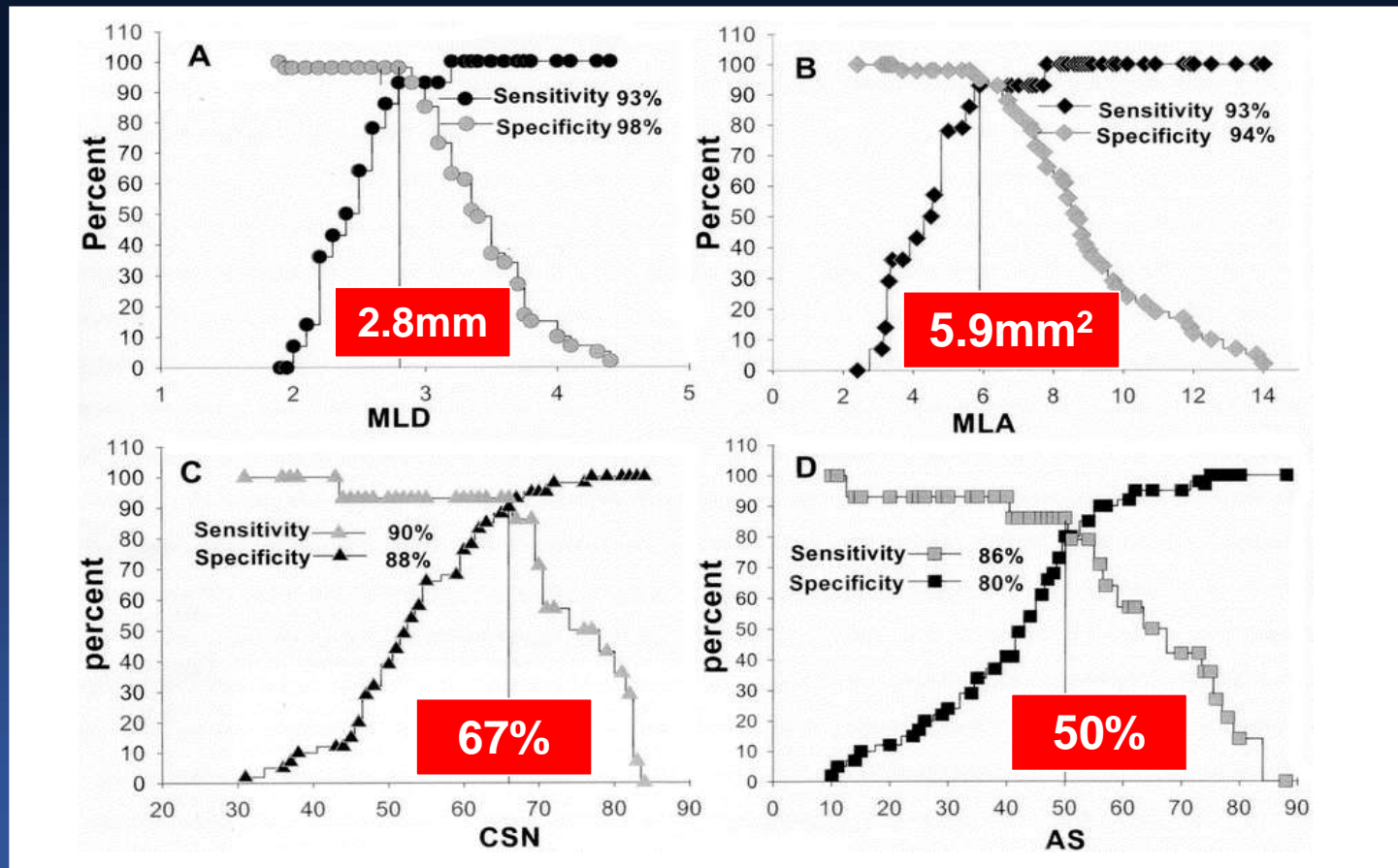
**Q3, Strongly Recommended**  
**IVUS Guided LM PCI (Class IIA)**



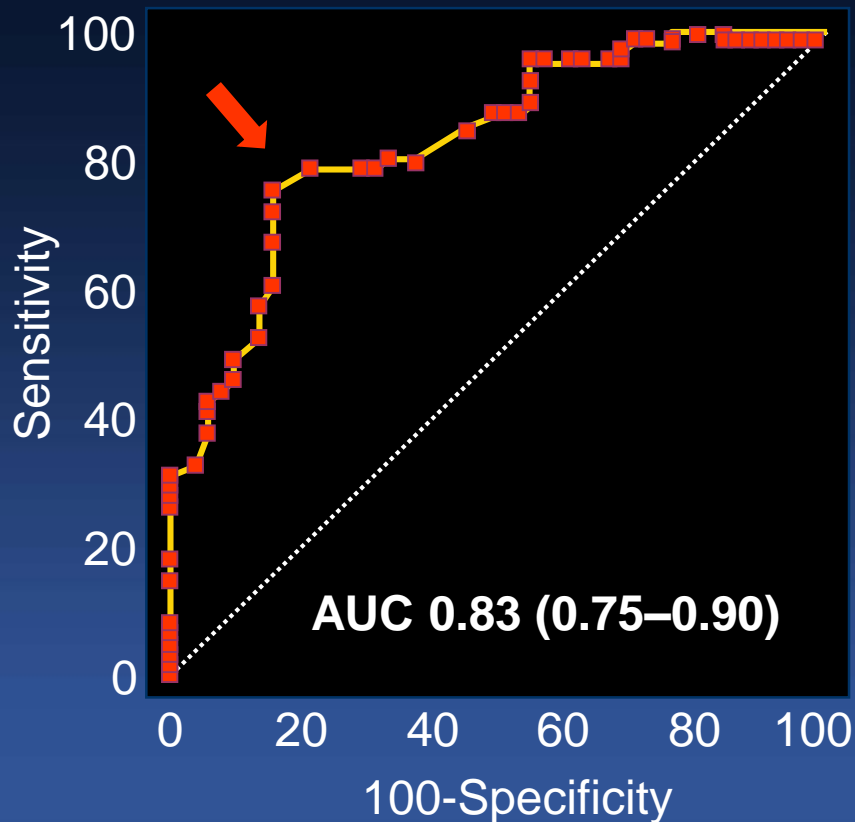
# ***IVUS MLA Issue***

*Can IVUS MLA Predict  
Functional Significance of LM Stenosis ?*

# MLA < 6.0 mm<sup>2</sup> matched FFR < 0.75 (n=55, LM disease)



# MLA < 4.5 mm<sup>2</sup> matched FFR < 0.80 (n=112, Os and Shaft LM disease)

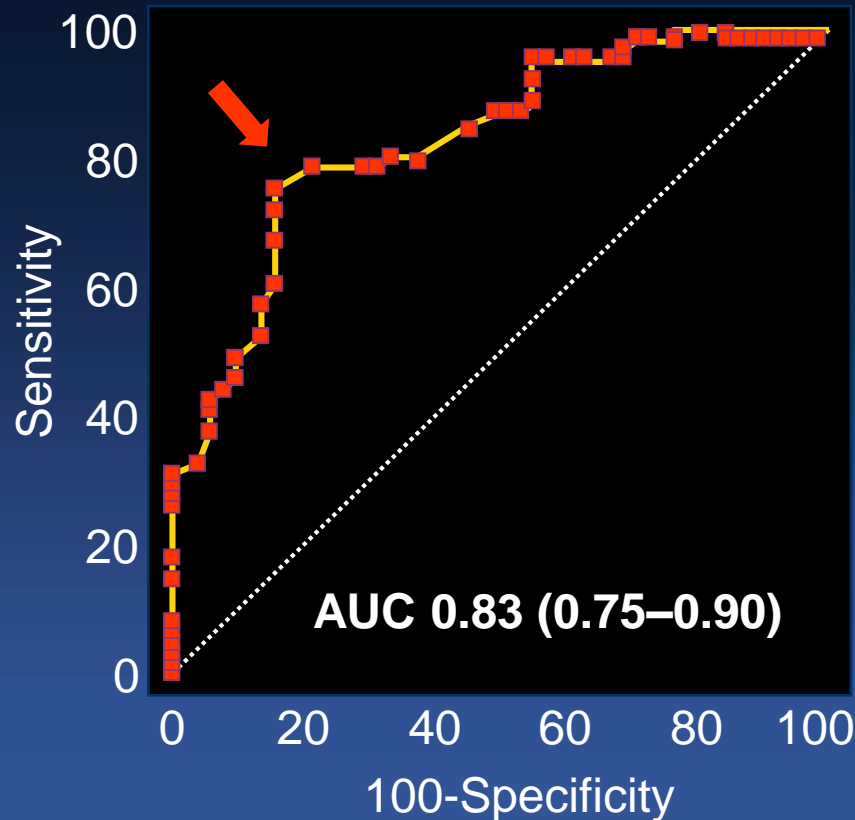


**Cut-off = 4.5 mm<sup>2</sup>**

Sensitivity	79%
Specificity	80%
<b>PPV</b>	<b>83%</b>
NPV	76%
Accuracy	80%

# Can IVUS MLA ( $4.5 \text{ mm}^2$ ) Predict Functional Significance of LM Stenosis ?

## Yes !

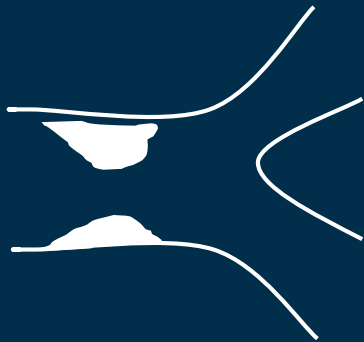


**Cut-off =  $4.5 \text{ mm}^2$**

Sensitivity	79%
Specificity	80%
<b>PPV</b>	<b>83%</b>
NPV	76%
Accuracy	80%

# How do I Implement ?

## Ostial and Shaft LM Disease



**< 4.5 mm<sup>2</sup>**  
**Positive FFR**

## Bifurcation with Down Stream Disease

**4.5~6.0 mm<sup>2</sup>**  
**Consider FFR !**

**> 6.0 mm<sup>2</sup>**  
**Negative FFR**

**Q4, 1 or 2 Stents  
for LM Bifurcation Lesions ?**

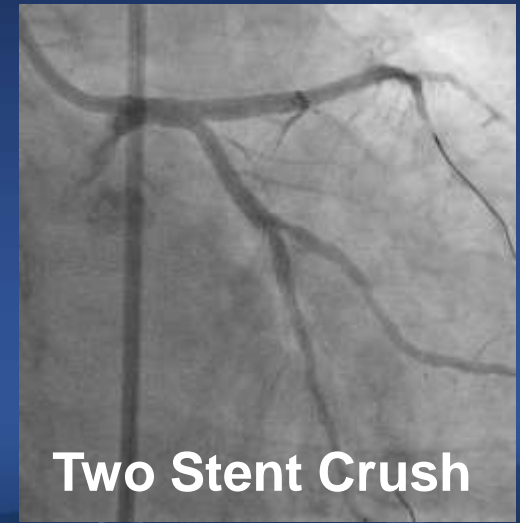
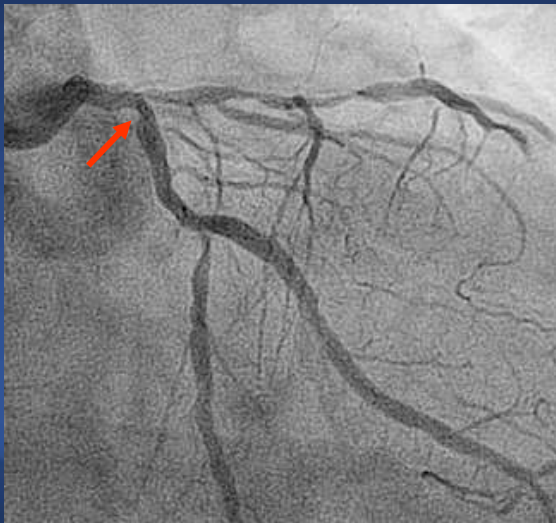
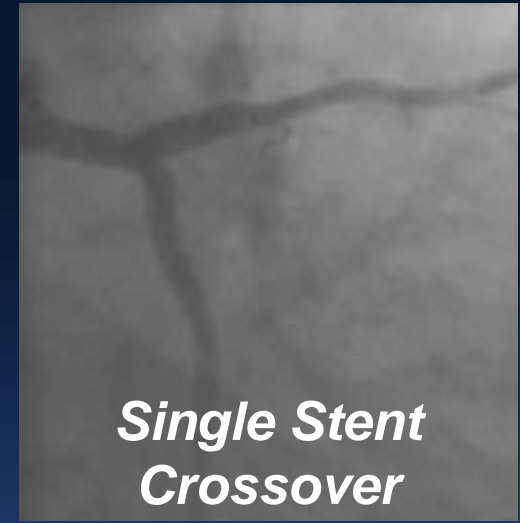
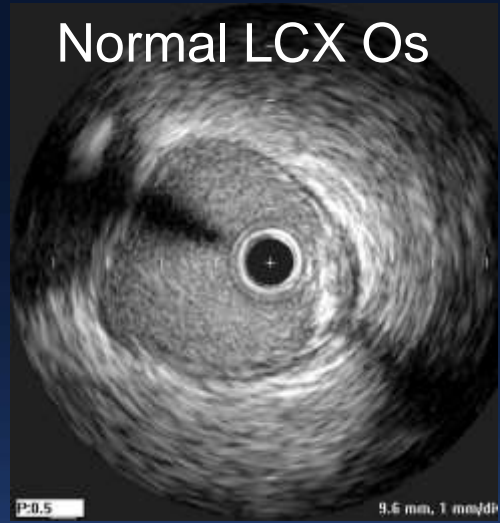
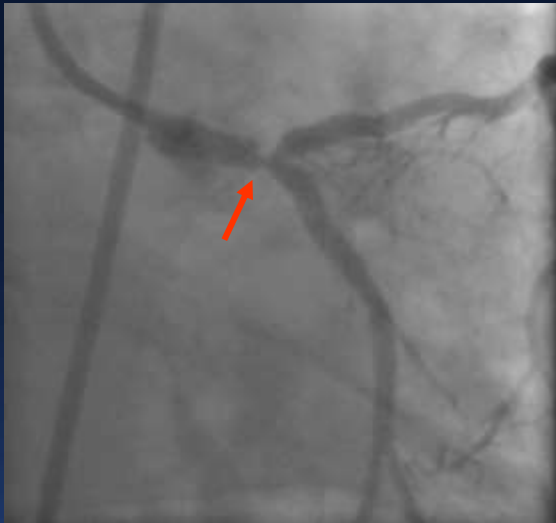
# LM Bifurcation PCI

<b>1 Stent</b>	<b><i>Normal or Diminutive LCX, (Medina 1.1.0., 1.0.0)</i></b> Small LCX with < 2.5 mm in diameter, Focal disease in distal LCX
<b>2 Stent</b>	<b><i>Diseased LCX, (Medina 1.1.1., 1.0.1)</i></b> Large LCX with $\geq$ 2.5 mm in diameter Diseased left dominant coronary system Diffuse disease in distal LCX

# ***IVUS Guided LM PCI***

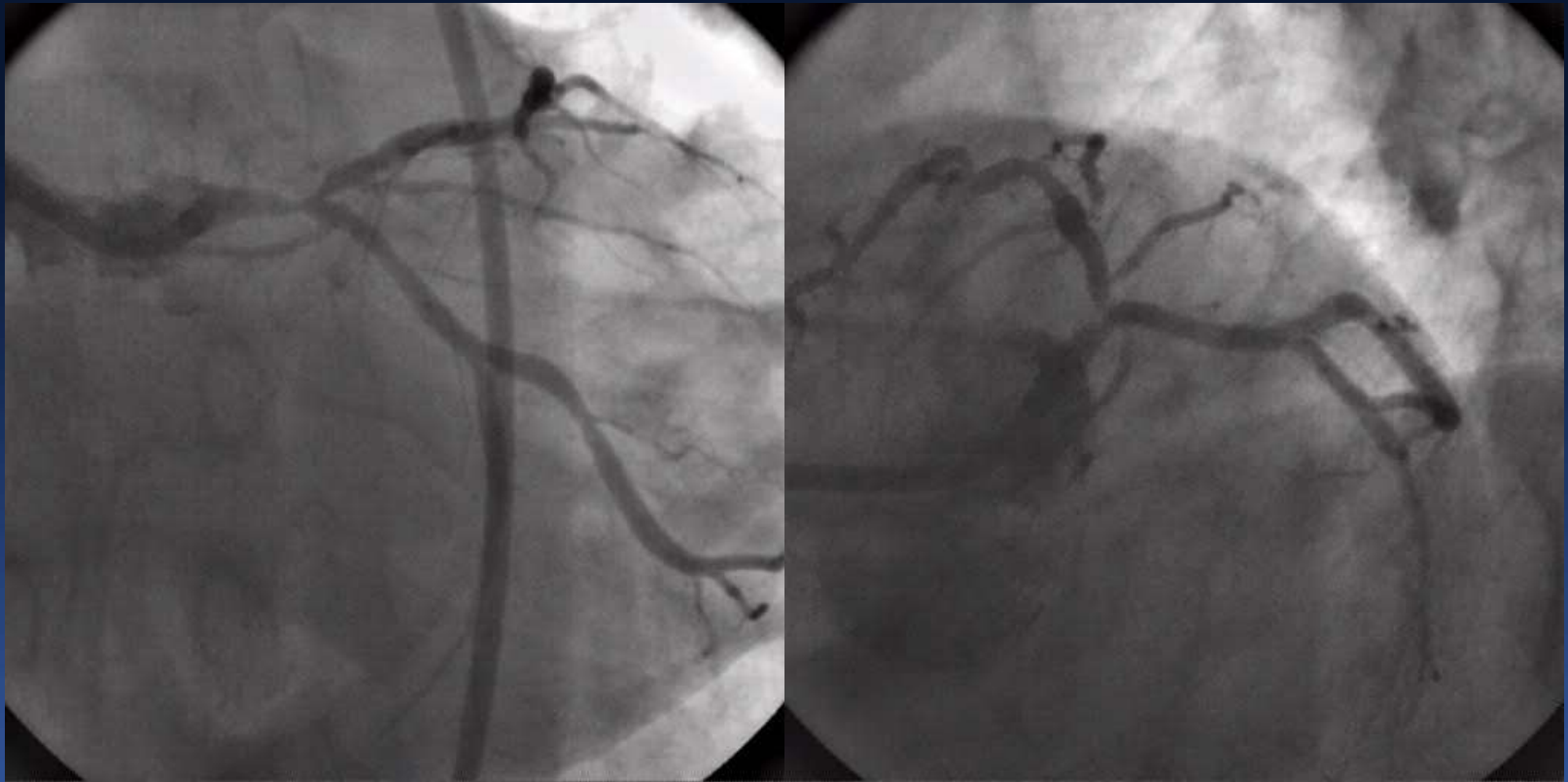


# 1 or 2 Stents According to LCX Disease by IVUS

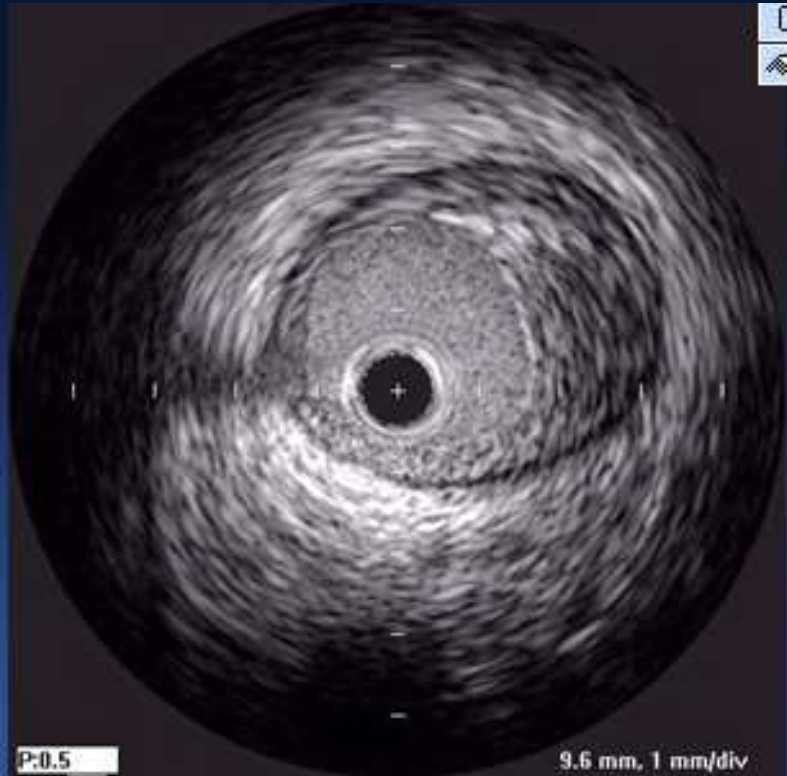


# ***1 Stent for Normal LCX***

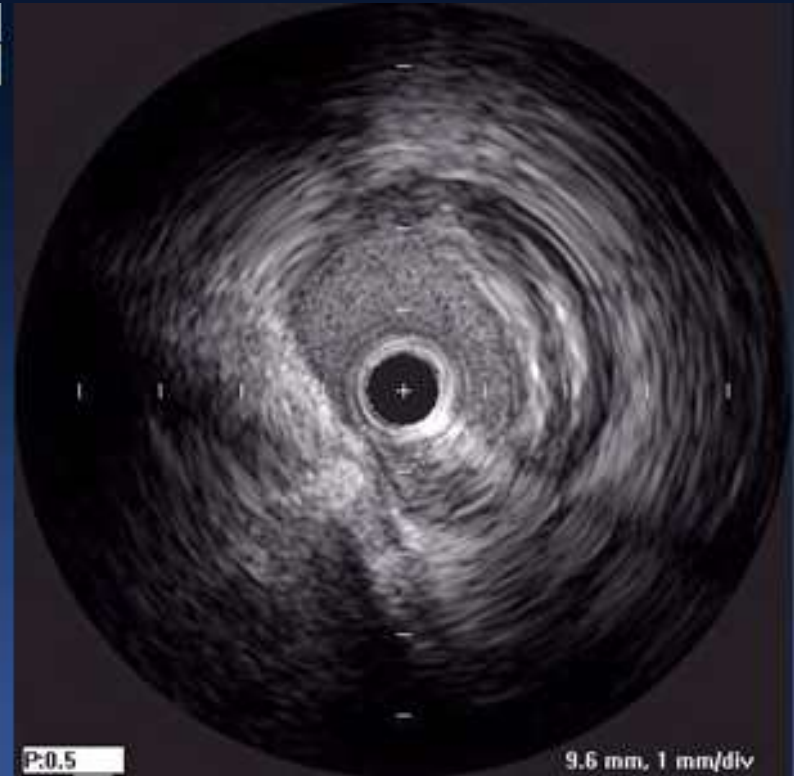
72/M, Unstable angina,



# IVUS

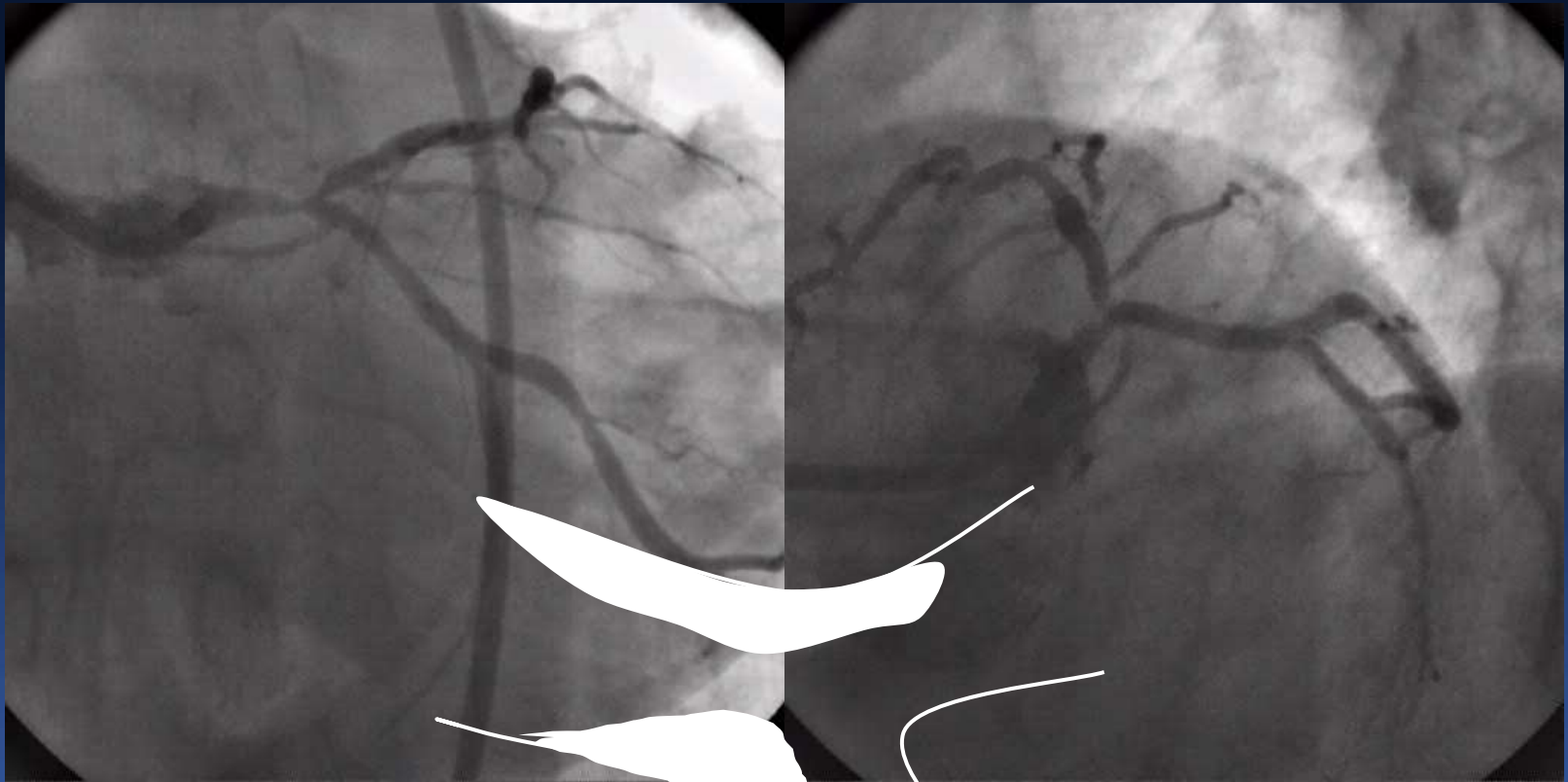


LAD Ostium

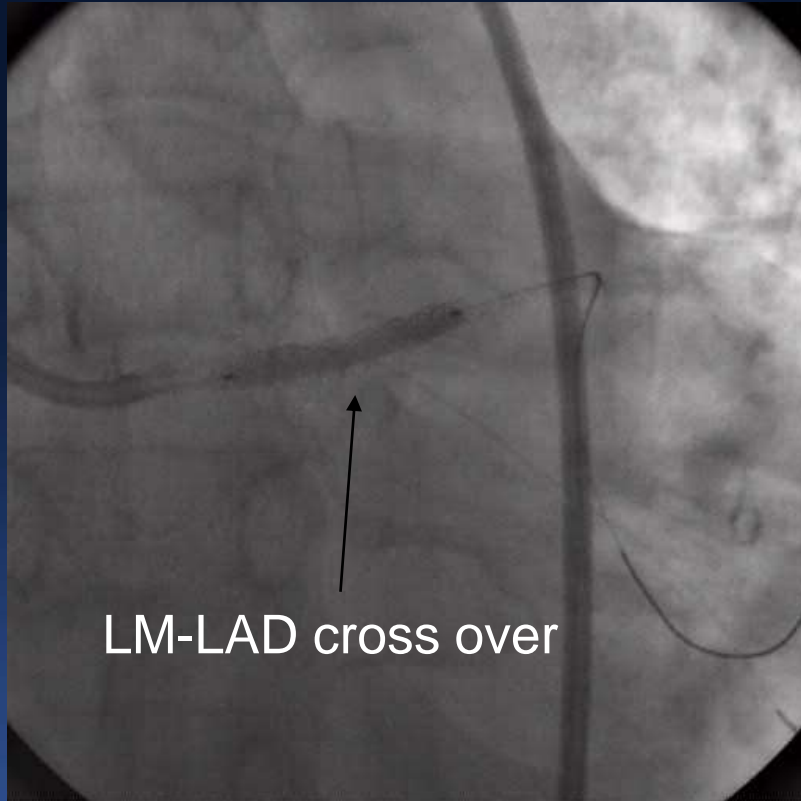


LCX Ostium  
Minimal-disease

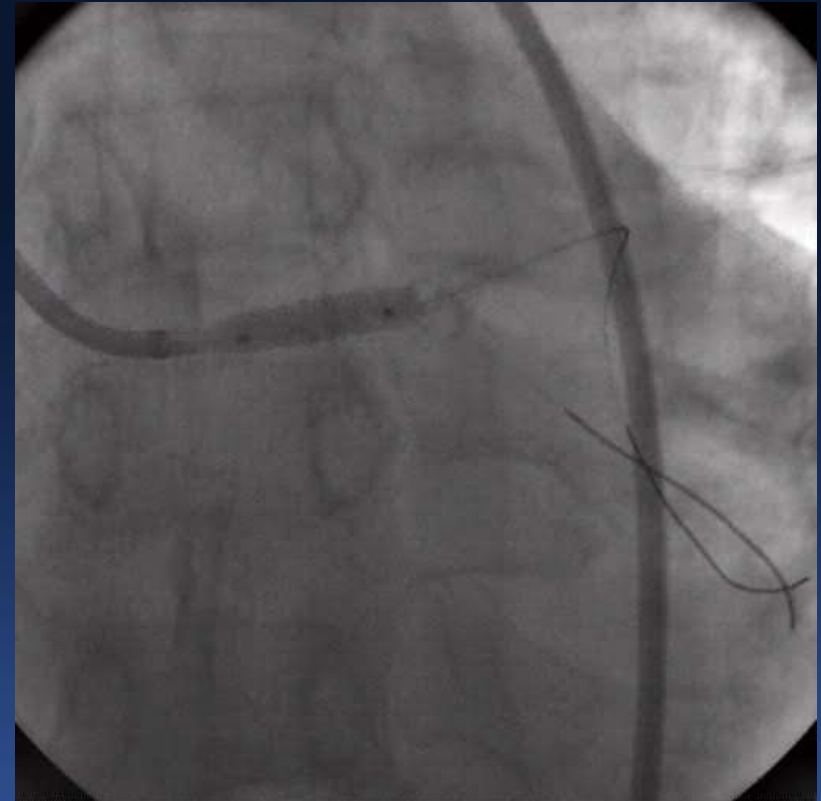
72/M, Unstable angina,



# 1 Stent



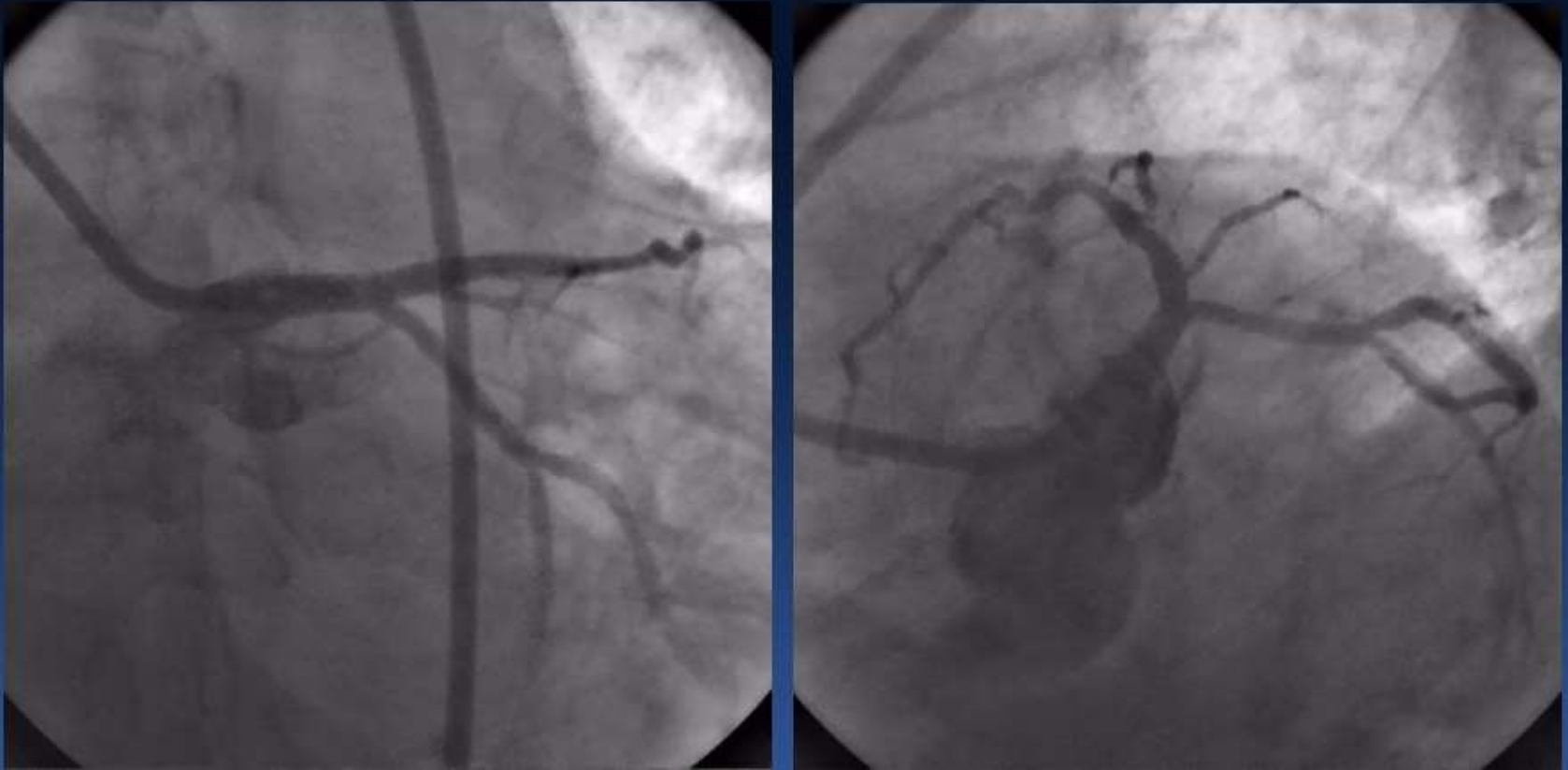
DES 3.5 × 23 mm



Additional high pressure  
Inflation with 4.0 mm  
non-compliant balloon



# Angiographic Result Is Perfect !



No significant compromise of LCX ostium.

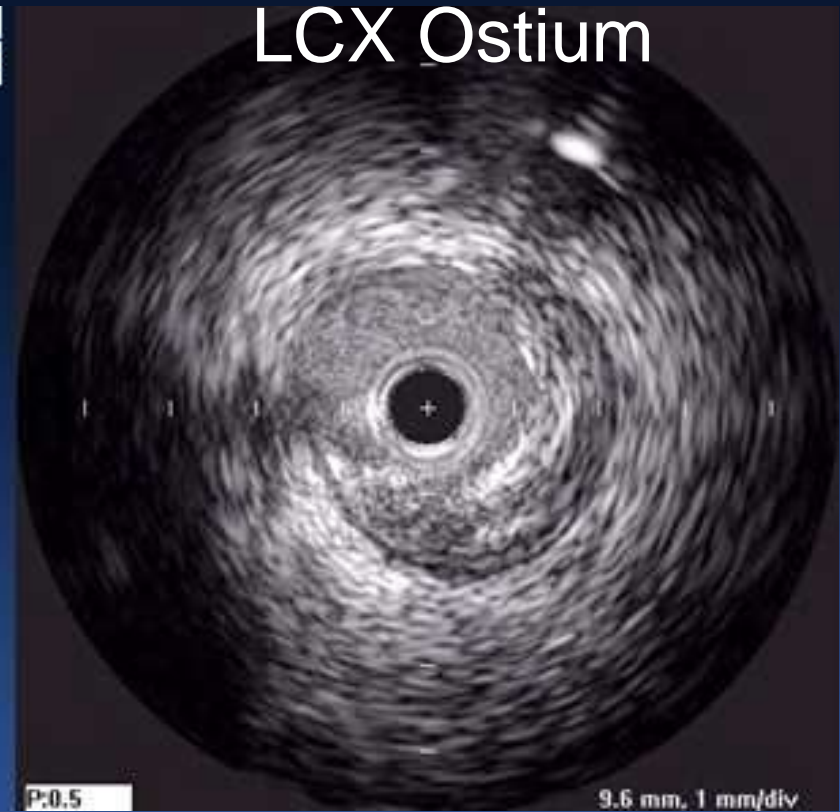
# Post stent-IVUS

LAD Ostium



Good Stent Expansion  
Stent Area  $6.2 \text{ mm}^2$

LCX Ostium

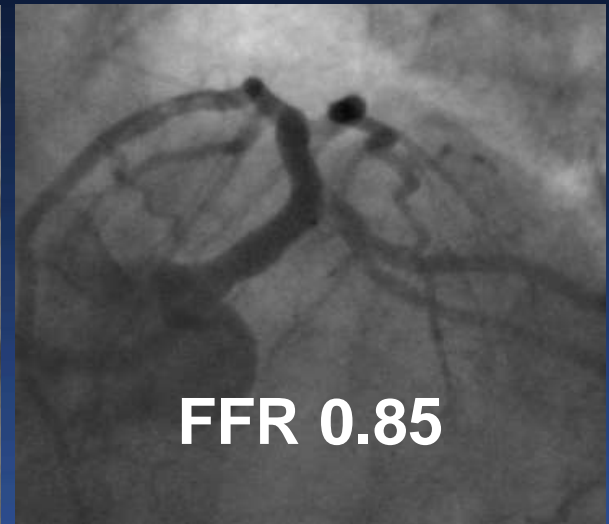


No Carina Shift  
MLA  $4.7 \text{ mm}^2$

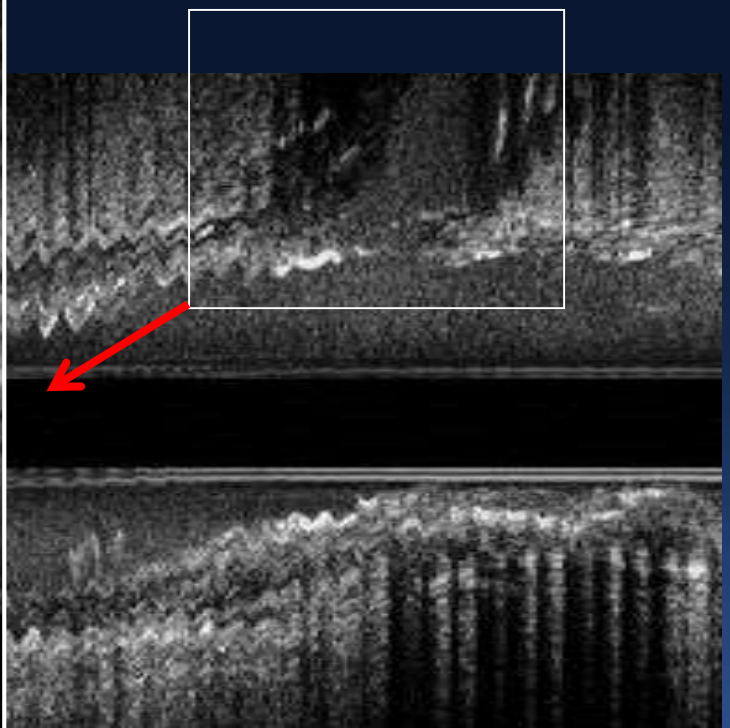
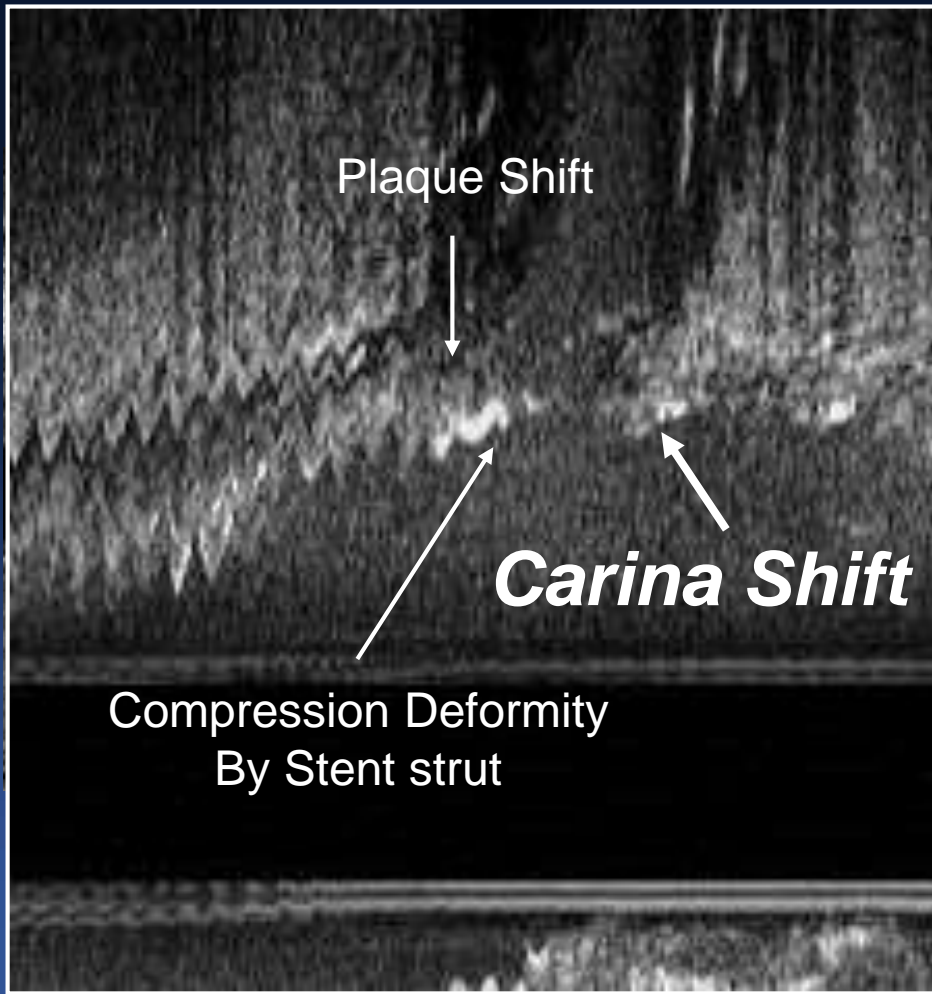


# ***Any Jailing Morphology Cannot Predict Functional Significance of Jailed LCX***

## Jailing LCX After Stent Cross-Over

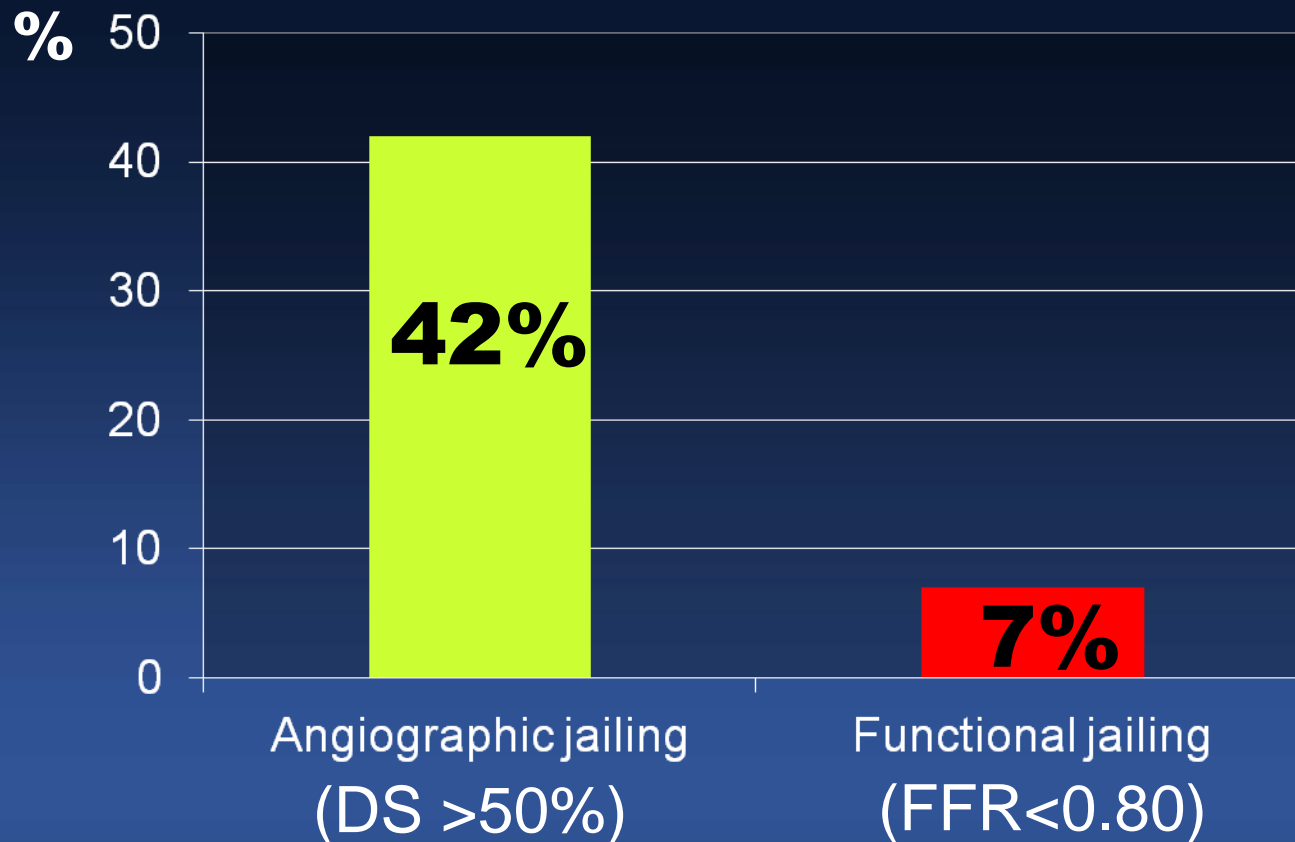


# Mechanism of LCX Jailing After Stent Cross-Over

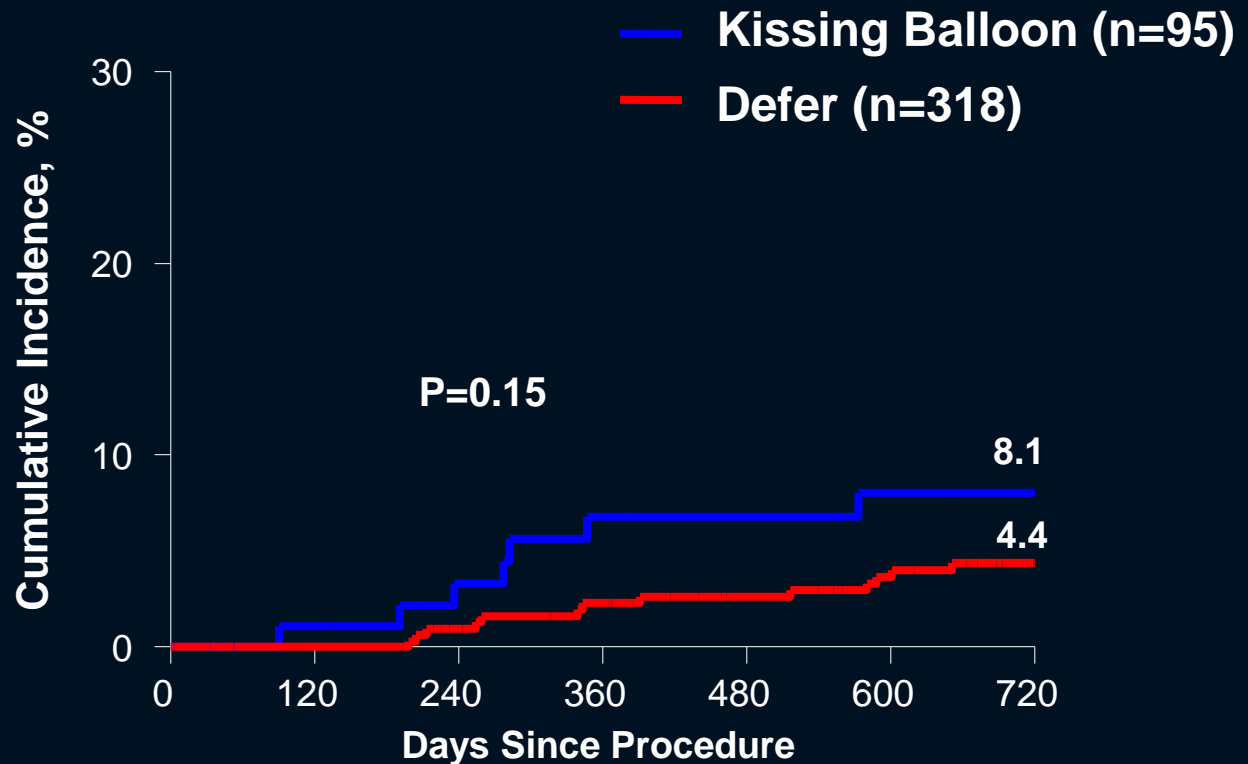


After Stent Cross Over

# After Stent Crossover Normal Looking LCX, Functionally Significant LCX Jailing Is Only 7%



# Left Main-TLR *at 2 Years*

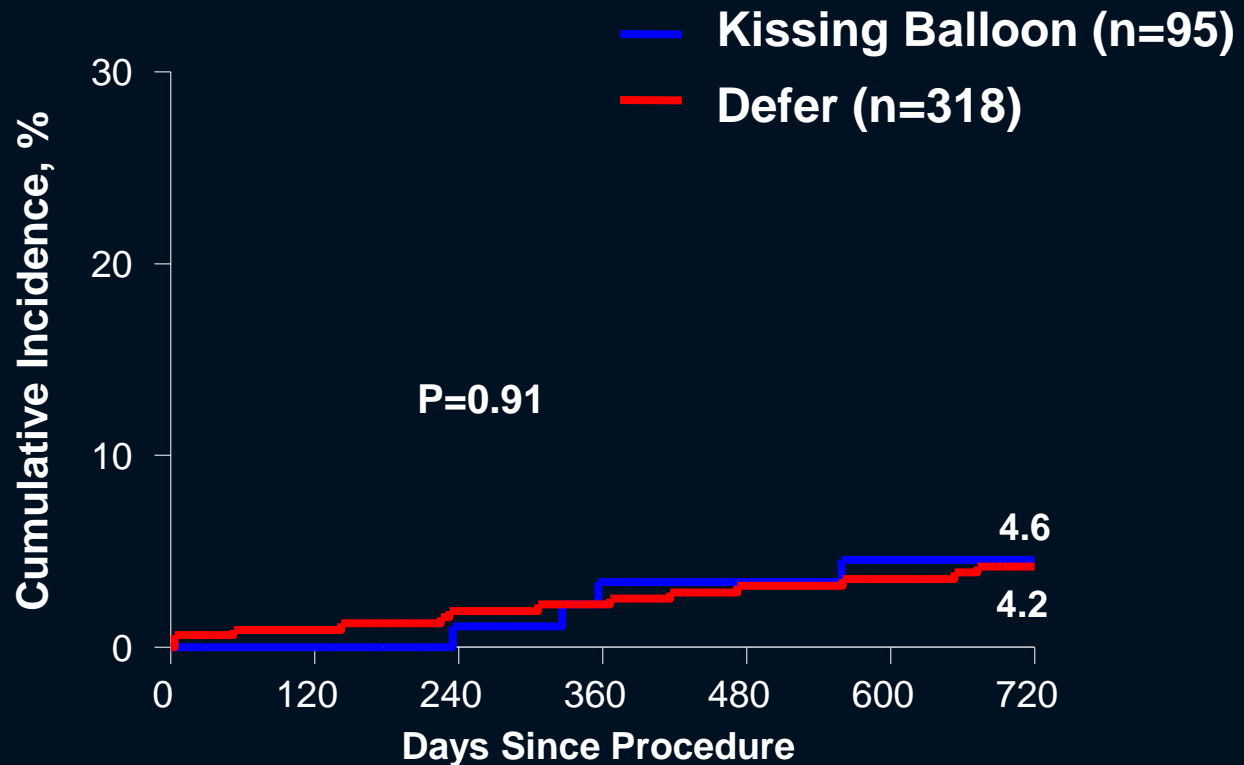


## No. at Risk

FKB	95	79	74
No-FKB	318	293	265

# Death or MI at 2 Years

## *Jailing LCX Defer Is Safe and Good !*



No. at Risk

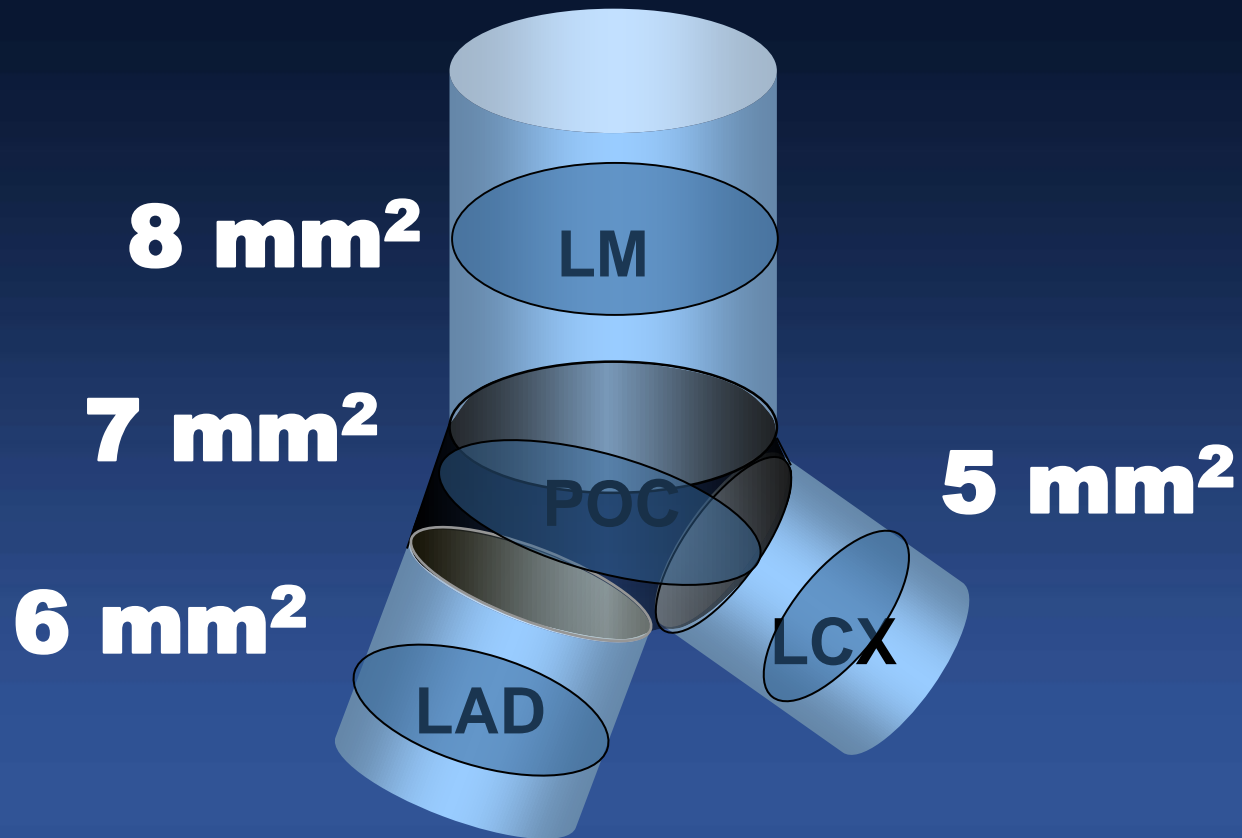
FKB	95	85	80
No-FKB	318	300	278

# ***2 Stents for True Bifurcation***

# *Whatever,* Any 2 Stent Techniques

- Mini-crush (or step crush), DKC
- T-stent, modified T-stent or TAP
- Culotte
- V-stent
- Y-stent (SKS-simultaneous kissing stents)

# Effective Stent Area (5,6,7,8 mm<sup>2</sup>) Can Make A Good Clinical Outcomes *Restenosis < 5%, TLR < 2%*





# *Practical Guideline*

## LM Bifurcation PCI

**Single Stent**

(75%)



**After Stent Cross-Over**

**Any 2 Stents**

(25%)



**How to Optimize ?**

- Do You Want to Treat the Jailed Side Branch ?
- How to Treat ?

IVUS Minimal Stent CSA Criteria 5-6-7-8 mm<sup>2</sup>  
May Improve Long-term Clinical Outcomes.

# Left Main PCI; *Concept to Practice*

- 1. FFR Guided Decision Making**
- 2. IVUS Guided Optimization**



**Thank You !!**

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